

# Don't Hold Your Breath

COPPER KNOB  
STEPPERS

拍數: 48      牆數: 4      級數: Improver / Intermediate  
編舞者: Katie Terrett (WLS) - April 2011  
音樂: Don't Hold your Breath - Nicole Sherzinger



Intro - 16 Counts.

## SECTION 1: Side Touch & Step Hitch. Coaster Step. Touch Forward, Back.

1-2&      Side R, Touch L next to R, Ball L (&)  
3-4      Step R Forward, Hitch L.  
5&6      L Coaster Step.  
7-8      Touch R forward, Touch R back.

## SECTION 2: Step Forward, Turn 1/2 Back, Back Rock, Side Hold & Side Rock.

1-2      Step R forward, Turn 1/2 R stepping back L. (6.00)  
3-4      Back Rock R, recover on L.  
5-6&      Side R Hold, (Together L) &  
7-8      Side Rock R, recover on L.

## SECTION 3: Cross Samba, Jazz Box 1/4 Turn L, Touch, Roll Turn.

1&2      Cross R, Rock L to L side, recover on R.  
3-4      L Jazz Box 1/4 Turn L (Cross L, Back R, Turn 1/4 L) 3.00.  
5-6      Side L, Touch R next to L  
7-8      Roll Turn R - Turn 1/4 forward R, Turn 1/2 R stepping back L.

## SECTION 4: Turn 1/4 Side Chasse R, Back Rock & Point L to Side. Behind, Side, Cross Shuffle.

1&2      Turn 1/4 R, Side Shuffling R. (3.00)  
3&4      Back Rock L, (recover) & Point L to the Side.  
5-6      Step L Behind, Side R.  
7&8      L Cross Shuffle.

## SECTION 5: Step R (&) Cross Rock, Sailor 1/2 Turn L Kick & Cross, Side Behind Side, Step Forward.

&1-2      Step R ball (&) Cross Rock L, recover on R.  
3&4      L Sailor 1/2 Turn L, Kicking L to L diagonal. (9.00)  
&5-6      Recover on L (&) Cross R Side L.  
7&8      Behind R, Side L, Step R forward.

## SECTION 6: Step L Turn 1/2 R, Back Lock Back, Back Rock, Forward Shuffle.

1-2      Step L Turn 1/2 R. (Weight on L) 3.00.  
3&4      R Back Lock Back.  
5-6      Back Rock L, recover on R.  
7&8      L Forward Shuffle.

## TAGS: - During Wall 1 - End of Section 4, and Wall 6 - End of Section 6.

1&2      R Kick Ball Change.  
3&4      R Side Rock, recover L (&) Touch R next to L.

## RESTART - Wall 4 & 7 End of Section 4.

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