

Dig It

拍數: 34 牆數: 4 級數: Improver
編舞者: Gary Lafferty (UK) - March 2011
音樂: Diggy Diggy Lo - Eddy Raven & Jo-El Sonnier : (Album: Cookin' Cajun)



The album also contains the music for the dance "Jambalaya" by Ian St Leon.

Floor-splits: (Sorry – no suggested split due to the song phrasing being 34 counts rather than 32)

Intro: 18-count intro.

HEEL DIGS , BEHIND-SIDE-CROSS ; HEEL DIGS , BEHIND-SIDE-CROSS (RIGHT then LEFT)

- 1-2 Tap Right heel diagonally-forward Right twice
- 3&4 Cross-step Right foot behind Left , step to Left on Left foot , cross-step Right foot over Left
- 5-6 Tap Left heel diagonally-forward Left twice
- 7-8 Cross-step Left foot behind Right , step to Right on Right foot , cross-step Left foot over Right

CHARLESTON ; STEP FORWARD , ½ TURN , SHUFFLE ½ TURN

- 1-2 Touch Right foot forward , step back on Right foot
- 3-4 Touch Left foot back , step forward on Left foot
- 5-6 Step forward on Right foot , pivot ½ turn to Left
- 7&8 Shuffle in place Right-Left-Right , making ½ turn Left

HEEL & HEEL & TOE , HEEL LIFT ; LEFT COASTER STEP , RIGHT SHUFFLE FORWARD

- 1& Touch Left heel forward , step down on Left foot beside Right
- 2& Touch Right heel forward , step down on Right foot beside Left
- 3 Touch Left foot forward
- &4 Lift both heels off floor , place heels down again (weight remains on Right foot)
- 5&6 Step back on Left foot , step on Right foot beside Left , step forward on Left foot
- 7&8 Step forward on Right foot , step on Left foot beside Right , step forward on Right foot

STEP FORWARD , ½ TURN , LEFT SHUFFLE FORWARD ; RIGHT JAZZBOX with ¼ TURN RIGHT

- 1-2 Step forward on Left foot , pivot ½ turn to Right
- 3&4 Step forward on Left foot , step on Right foot beside Left , step forward on Left foot
- 5-6 Cross-step Right foot over Left , step back on Left foot
- 7-8 Turn ¼ Right stepping to Right on Right foot , step on Left foot beside Right

POINT , ½ TURN with TOUCH (HALF A MONTEREY TOUCH)

- 1 Point Right foot out to Right side
- 2 Turn ½ Right on ball of Left foot , touching Right foot beside Left

START AGAIN!

The dance finishes facing front with the Right jazz box – don't add the ¼ turn, & count 8 will hit final beat of music!