

# Better Man

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: A.J. White (NL) - March 2011  
音樂: Better Man Than That - Chris Hillman



**Start: After 16 counts.**

## Rockin Chair I, Rock Fwd, Step Bwd L, Sailorcross ½ Turn left

01      lf Step Fwd  
02      rf Change weight  
03      lf Step Bwd  
04      rf Change weight  
05      lf Step fwd  
06      rf Change weight  
07      lf Cross behind ½ Turn L  
&  
08      rf Step at the place  
08      lf Cross over R

## Rock step R Side,Rock Step I Side, Rock Step Fwd I,Step bwd, Toe Touch.

09      rf Step to the Right side  
10      lf Change weight  
&  
11      lf Step to the left side  
12      rf Change weight  
13      lf Step Fwd  
14      rf Change weight  
15      lf Step bwd  
16      rf Toe touch Cross over r

## Step Fwd, ¼ turn R ,sweep, Cross Shuffle,Step bwd 1/8 Turn I ,Step bwd 1/8 turn L, Coastercross.

17      rf Step fwd  
18      rf ¼ turn R and Sweep left foot  
19      lf Cross over R  
&  
20      lf Cross over R  
21      rf Step 1/8 Turn L bwd  
22      lf Step 1/8 Turn L bwd  
23      rf Step back  
&  
24      lf Step Together  
24      rf Cross over l

## Side step I,Cross behind,Step ¼ L Fwd, Pivot ½ Turn L, ¼ Turn l Side Step, Cross behind, ¼ Turn r Step fwd.

25      lf Step to the left side  
26      rf Cross behind l  
27      lf ¼ Turn l Step fwd  
28      rf Step fwd  
29      lf ½ Turn l ( Weight on l )  
30      rf ¼ Turn l Step to the right side  
31      lf Cross behind r  
32      rf ¼ Turn R Step fwd

**Tag : After Wall 3 ...( 3.00 ) ..8 counts**

## Rockin Chair & Hipsway's

- 01 If Step fwd
- 02 rf Weight change
- 03 lf Step bwd
- 04 rv Weight change
- 05 lf Step to the left side with hip sway to left
- 06 rf Hipsway to right
- 07 lf Hipsway to left
- 08 rf hipsway to right.

Revised on site - 29th March 2011

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