

拍數: 32 編數: 4 級數: Easy Intermediate

編舞者: Rep Ghazali (SCO) - March 2011 音樂: She Wu (蛇舞) - Jay Chou (周杰倫)



48 count intro start on vocal

[1-8] HITCH-HITCH, SHUFFLE FWD, HITCH-HITCH, SHUFFLE FWD

1-2 low hitch up Right across Left, higher hitch up Right across Left (10.30)

(Angling your body towards Left corner)

taking small step shuffle forward on Right squaring to front wall (12)
low hitch up Left across Right, higher hitch up Left across Right (1.30)

(Angling your body towards Right corner)

7&8 taking small step shuffle forward on Left squaring to front wall (12)

(optional arms styling for count 1-8: arms out to sides, hands at shoulder height, elbows up and palms facing upwards - Egyptian style)

[9-16] PRISSY WALK, FORWARD MAMBO, TOUCH BACK- UNWIND 1/4, CROSS SHUFFLE

1-2 cross walk Right over Left (cross arms over your chest) cross walk Left over Right (arms

down to side)

3&4 rock forward Right, recover on Left, step back Right

touch back Left, keepping weight on Left unwind ¼ turn Left (9)

cross Left over Right, step Right to Right side, cross Left over Right

Restart: 2nd wall and 6th wall

[17-24] SWAY-SWAY, SAILOR ½ TURN, CROSS-HITCH ¼ TURN, CROSS SHUFFLE

1-2 sway Right to Right, sway Left to Left

3&4 ½ turn Right sweep on Right and step behind Left, step Left to Left, step Right to Right (3)

5-6 cross Left over Right, hitch on Right making ¼ turn Left (12) 7&8 cross Right over Left, step Left to Left, cross Right over Left

[25-32] SIDE-HOLD, BALL-1/4 TURN-TOUCH, KICK-OUT-OUT, DO THE SNAKE

1-2 step Left to Left side, hold

&3-4 step Right together, ¼ turn Left by stepping forward on Left, touch Right together (9)

5&6 kick Right forward, step out Right, step out Left (shoulder apart)

7-8 with hands clasped together snake arms down making an "S" shape while bending knees

and hips roll down

RESTART: 2nd and 6th - Dance up to count 16 and restart, both restart from 6 o'clock wall

TAG: At the end of 4th wall add 2 count hold.

ENDING: 9th wall – at the end of the wall (facing 9 o'clock) make 1/4 turn Right to face the front and pose as a snake!