

How Blue

拍數: 64 牆數: 2 級數: Improver
編舞者: Yvonne Anderson (SCO) - March 2011
音樂: How Blue - Reba McEntire : (CD: Reba #1's)



Start on vocal

STEP, TOUCH, STEP KICK, BEHIND, TURN ¼ RIGHT, STEP FORWARD, HOLD

- 1-4 Step left to side, touch right toes beside left, step right to side, kick left forward to left diagonal (12:00)
5-8 Cross left behind right, turn ¼ right and step right forward, step left forward, hold (3:00)

CHARLESTON STEP FORWARD AND BACK WITH HOLDS

- 1-4 Touch right toes forward, hold, step right together, hold (3:00)
5-8 Touch left toes back, hold, step left together, hold (3:00)

During this section use a sweeping motion and feel free to use your hands

STEP, TURN ½ LEFT, STEP, HOLD, FULL TRIPLE TURN (TRAVELS FORWARD) HOLD

- 1-4 Step right forward, turn ½ left taking weight on left, step right forward, hold (9:00)
5-8 Make a full turn right (travels forward) stepping left, right, left, hold (9:00)

Easier option for counts 5-8: shuffle forward stepping left, right, left, hold

HEEL, HOOK, HEEL, FLICK, STEP FORWARD, TOUCH, STEP BACK, KICK

- 1-4 Touch right heel forward, hook right across left, touch right heel forward, flick right heel back (9:00)
5-8 Step right forward to right diagonal, touch left toes beside right, step left back, kick right forward to right diagonal (9:00)

BEHIND, SIDE, CROSS, HEEL, HOOK, HEEL, FLICK

- 1-4 Cross right behind left, step left to side (squaring off to wall), cross right over left, hold (9:00)
5-8 Touch left heel forward, hook left across right, touch left heel forward, flick left heel back (9:00)

STEP FORWARD, TOUCH, STEP BACK, FLICK, BEHIND, TURN ¼ RIGHT, STEP, HOLD

- 1-4 Step left forward to left diagonal, touch right toes beside left, step right back, kick left forward to left diagonal (9:00)
5-8 Cross left behind right, turn ¼ right and step right forward, step left forward, hold (12:00)

SHUFFLE FORWARD, HOLD, STEP, TURN ½ RIGHT, STEP, HOLD

- 1-4 Step right forward, step left together, step right forward, hold (12:00)
5-8 Step left forward, turn ½ right taking weight on right, step left forward, hold (6:00)

FULL TRIPLE TURN FORWARD, HOLD, LONG STEP FORWARD, DRAW, STOMP, HOLD

- 1-4 Make a full turn left (travels forward) stepping right, left, right, hold (6:00)
5-8 Step left forward (long step, lean back as you stride forward), draw right to left, step right together, hold (6:00)

REPEAT

ENDING:

To finish facing forward dance through to count 36 then rock turn ¼ right and strike a pose