拍數： 160
銅數： 2
級數：Phrased Intermediate
編舞者：Susanna Ståhlenberg \＆Helena Öberg－March 2011
音樂：Popular－Eric Saade


Danced：A，B，Tag，A，B，C，B（last 48），Ending
Section A（44 counts）：
Walk x3，Kick，Walk Back x2，Coaster step
1234 Walk forward R，L，R，kick L
$567 \& 8 \quad$ Walk back L，R，L back，R beside L，L forward
$R$ shuffle $1 / 2$ left，Back rock $L$ ，Recover with sway，Sway x3，Touch
1\＆2 $34 \quad R$ forward $1 / 4$ left，$L$ beside $R$ ，$R$ back $1 / 4$ right，Back rock on $L$ ，recover $R$ as you sway hips to right 5678 Sway L，R，L，Touch R beside L

Walk x3，Kick，Walk Back x2，Coaster step
1234 Walk forward R，L，R，kick L
$567 \& 8$ Walk back L，R，L back，R beside L，L forward
R shuffle $1 / 2$ left，Back rock $L$ ，Recover with sway，Sway $x 3$ ，Touch

| $1 \& 234$ | $R$ forward $1 / 4$ left，$L$ beside $R, R$ back $1 / 4$ right，Back rock on $L$ ，recover $R$ as you sway hips to <br> right |
| :--- | :--- |
| 5678 | Sway $L, R, L$ ，Touch $R$ beside $L$ |

Shuffle，Side rock，Shuffle，Step turn $1 / 2$ left
1\＆2 $34 \quad$ R forward，L beside R R forward，Rock L to left，Recover R
$5 \& 678 \quad L$ forward，$R$ beside $L L$ forward，$R$ forward，Pivot $1 / 2$ left ending on $L$
Cross Point－x2
1234 Cross R over L，Point L left，Cross L over R，Point R right（snap your fingers on points）
Section B（64 counts）：
Weave left，Cross rock，Chasse right
1234 Cross R over L，L left，Cross R behind L，L left，
$567 \& 8 \quad$ Cross rock R over L，Recover L，R to right，L beside R，R to right

## Weave right，Cross rock，Chasse left

1234 Cross L over R，R right，Cross L behind R，R right，
56 7\＆8 Cross rock L over R，Recover R，L to left，$R$ beside L，$L$ to left
Step turn $1 / 2$ left，Full turn $L$ travelling forward（or Cross，Unwind 1／1），Jazz box
$1234 \quad$ R forward，Pivot $1 / 2$ left ending on $L, R$ back turning $1 / 2$ left，$L$ forward turning $1 / 2$ left
（opt．：R forward，Pivot $1 / 2$ left ending on $L$ Cross R over L，Unwind Full turn left ending on $L$ ）
$5678 \quad$ Cross R over L，Back on L，R beside L，L forward
Step turn $1 / 2$ left，Full turn L travelling forward（or Cross，Unwind 1／1），Jazz box
$1234 \quad R$ forward，Pivot $1 / 2$ left ending on $L$ ，R back turning $1 / 2$ left，$L$ forward turning $1 / 2$ left
（opt．：R forward，Pivot $1 / 2$ left ending on $L$ Cross $R$ over $L$ ，Unwind Full turn left ending on $L$ ）
$5678 \quad$ Cross R over L，Back on L，R beside L，L forward
Kickball step，Long Step，drag，Bump x4
1 \＆2 34 Kick $R$ forward，$R$ beside $L$ ，$L$ beside $R$ ，$R$ long step forward，drag $L$ next to $R$（lift your arms straight up on＂drag＂and keep weight on R）

| 5678 | Bump L,R,L,R (lower your arms marking each count with your hands on stretched arms, end <br> with your arms straight down and weight on $R$ ) |
| :--- | :--- |
| Cross, Unwind $3 / 4$ right, Step, Drag, Step $1 / 4$ right, Cross, Unwind $1 / 1$ right |  |
| 1234 | Cross L over R, Unwind $3 / 4$ right (weight on $R$ ), L longstep to left, drag $R$ next to L pointing <br> 5678$\quad$your left arm diagonally up to left and right arm diagonally down to right <br> $R$ forward $1 / 4$ right, Cross L over $R$, Unwind Full turn right, $L$ beside $R$ |

## Weave left, Cross rock, Chasse right

1234 Cross $R$ over $L$, $L$ left, Cross $R$ behind $L$, $L$ left,
$567 \& 8 \quad$ Crossrock R over L, Recover L, R to right, L beside R, R to right

## Weave right, Cross rock, Chasse left

1234 Cross $L$ over $R$, $R$ right, Cross $L$ behind $R, R$ right,
$567 \& 8 \quad$ Cross rock $L$ over $R$, Recover R, L to left, $R$ beside $L$, $L$ to left

Tag (16 counts):
Stomp R,L, Cross Stomp, Hold, Stomp L,R, Cross Stomp, Hold
1234 Stomp R , Stomp L, Stomp R crossed over L (3), hold (4) (clap on 3\&4)
5678 Stomp L to left, Stomp R beside L, Stomp L crossed over R (7), hold (8) (clap on 7\&8)
Slow Mambo right,, Hold, Slow Mambo left, Hold
1234 Rock $R$ to right, recover $L, R$ beside $L$ weight on $R$ (3), hold (4) (clap on 3\&4)
5678 Rock $L$ to left, recover $R, L$ beside $R$ weight on $L$ (7), hold (8) (clap on 7\&8)
Repeat Section A (44 counts)
Repeat Section B (64 counts)
Section C (52 counts):
Shuffle R+L, Step turn $1 / 2$, Stomp $x 2$
1\&2 3\&4 $\quad R$ forward, $L$ beside R, R forward, $L$ forward, $R$ beside $L$, $L$ forward
$5678 \quad$ R forward, Pivot $1 / 2$ left ending on L, stomp R, stomp L (clap on 7\&8)
Shuffle R+L, Step turn $1 / 2$, Stomp $x 2$
1\&2 3\&4 $\quad$ forward, $L$ beside R, R forward, $L$ forward, $R$ beside $L$, $L$ forward
$5678 \quad$ R forward, Pivot $1 / 2$ left ending on L, stomp R, stomp L (clap on 7\&8)

Chasse, Cross rock Behind, Chasse, Hold, Shift weight
1\&2 $34 \quad R$ to right, $L$ beside $R, R$ to right, crossrock $L$ behind $R$, Recover $R$
$5 \& 678 \quad L$ to left, $R$ beside $L$, $L$ to left, hold, shift weight onto $R$ (clap on 7\&8)
Chasse, Cross rock Behind, Chasse, Hold, Shift weight
1\&2 $34 \quad L$ to left, $R$ beside $L$, $L$ to left, crossrock $R$ behind $L$, Recover $L$
$5 \& 678 \quad R$ to right, $L$ beside $R, R$ to right, hold, shift weight onto $L$ (clap on $7 \& 8$ )

Cross, Point, Cross, Point, Cross Boxing, ChaCha
1234 Cross R over L, Point L to left, Cross L over R, Point R to right (snap your fingers on points)
$567 \& 8$ Stomp $R$ crossed over $L$ with long step punching your fist towards 11 o'clock,
Recover L , ChaCha in place R,L,R
Cross Boxing, ChaCha, Step, Drag, Step, Drag
12 3\&4 Stomp L crossed over $R$ with long step punching your fist towards 1 o'clock, Recover R, ChaCha in place L,R,L
5678 Long step back on $R$, drag $L$ \& touch beside R, Long step back on L, drag R \& touch beside $L$

Cross, Point, Cross, Point
1234 Cross R over L, Point L to left, Cross L over R, Point R to right (snap your fingers on points)

Repeat Last 48 counts in Section B - starting with Stepturn!
Ending:
Weave left, Cross rock, Chasse right
1234 Cross R over L, L left, Cross R behind L, L left,
$567 \& 8 \quad$ Cross rock R over L, Recover L, R to right, L beside R, R to right
Weave right, Cross rock, Chasse left $1 / 4$ left
1234 Cross L over R, R right, Cross L behind R, R right,
$567 \& 8 \quad$ Cross rock $L$ over R, Recover R, $L$ to left, $R$ beside $L, L$ to $1 / 4$ left
$3 / 4$ left with pose
On ball of $L$ pivot $3 / 4$ left ending on $L$ with $R$ slightly hitched touching to right diagonal and both arms stretched in a nice pose

Note: In the later part of section C you are punching the 11 \& 1 o'clock mark with your fists. In the original performance of this song the artist smashed two walls of glass...so give it your best shot! =)

HAVE FUN!

