

The Coconut Tree

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Francien Sittrop (NL) - March 2011
音樂: Coconut Tree (feat. Nicole Scherzinger) - Mohombi



Intro: Start after 16 counts on Vocals

[1 – 8] Rock , Recover, Shuffle fwd, Step fwd, Pivot ½ R, ¾ Turn R

1 – 2 Rock R back, Recover on L
3 & 4 Step R fwd, Step L next to R, Step R fwd
5 – 6 Step L fwd, Pivot ½ Turn R
7 – 8 ½ Turn R step L back, ¼ Turn R step R to R side (03.00)

[9-16] Cross Shuffle, Step Side, Touch, Kick Ball Cross, Side , Together

1 & 2 Step L across R, Step R to R side, Step L across R
3 – 4 Step R to R side, Touch L next to R (facing L diag.)
5 & 6 Kick L fwd, Step L down, Step R across L
7 – 8 Step L Big step To L side, Step R next to L (06.00)

[17-24] Heel Bounce's 2x, Kick Ball Step, Rock Recover, ¼ Turn R , Chasse

1 – 2 Bounce with Both Heels twice
3 & 4 Kick R fwd, Step R down, Step L fwd
5 – 6 Rock R fwd, Recover on L
7 & 8 ¼ Turn R step R to R side, Step L next to R, Step R to R side (06.00)

[25-32] Cross, Side, Sailor Step x2, Step fwd, Scuff

1 – 2 Step L across R, Step R to R side
3 & 4 Step L behind R, Step R next to L, Step L to L side
5 & 6 Step R behind L , Step L next to R, Step R to R side
7 - 8 Step L fwd, Scuff R fwd

[33-40] Rock Recover, ¾ Turn R, Heel Swivels

1 – 2 Rock R fwd, Recover on L
3 – 4 ½ Turn R step R fwd, ¼ Turn R step L to L side (03.00)
&5&6 Swivel R heel in , Step R heel back in place, Swivel L heel in, Step L heel back in place
&7&8 Swivel R heel in , Step R heel back in place, Swivel L heel in, Step L heel back in place

[41-48] Step fwd , Touch & Heel & Touch & Rock Recover, Coaster Step

1-2& Step R fwd, Touch L next to R . Step L down
3&4& Step R Heel fwd , Step R down , Touch L behind R , Step L down
5 – 6 Rock R fwd, Recover on L
7 & 8 Step R back, Step L next to R m Step R fwd

[49-56] Step fwd, ¼ Turn R, Cross Shuffle, ¾ Turn L, Kick Ball Step

1 – 2 Step L fwd, ¼ Turn R (06.00)
3 & 4 Step L across R, Step R to R side, Step L across R
5 – 6 ¼ Turn L step R back, ½ Turn L step L fwd (09.00)
7 & 8 Kick R fwd, Step R down , Step L fwd

[57-64] Step Diag fwd & Touch , Step Diag back & Touch, Skates to the back (Travelling back)

1 – 2 Step R Diag R fwd, Touch L next to R (Clap Hands or Click fingers)
3 – 4 Step L Diag L back, Touch R next to L (Clap Hands or Click fingers)

5 – 6 Skate R back, Skate L back
7 – 8 Skate R back, Skate L back (5 – 8 Travelling Backwards)

Start Again

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