

Rip It Up

COPPER KNOB
BY STEPHEN BISSON

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Steve Bisson (UK) & Denise Bisson (UK) - March 2011
音樂: Let 'Er Rip - The Chicks : (Album: Dixie Chicks)



Start the dance when the Chicks sing "Let 'Er Rip" right after the count "1-2-3-4"

Section 1: Scissor Steps x 2 (Right & Left), Pivot ½ Turn, Forward Shuffle

1&2 Step right to right side, close left to right, cross right over left
3&4 Step left to left side, close right to left, cross left over right
5-6 Step right forward, pivot ½ turn left [6.0]
7&8 Step right forward, close left to right, step right forward

Section 2: Toe Struts (Left & Right), Forward Rock, Triple ¼ Turn

1-2 Touch left toe forward, slap left heel down
3-4 Touch right toe forward, slap right heel down
5-6 Rock left forward, recover weight on right
7&8 Step left to left side making ¼ turn left, close right to left, step left forward making ¼ turn left [12.0]

Section 3: Side, Behind, Chasse, Back Rock, ¼ Turn, Step Forward, Hold

1-2 Step right to right side, cross left behind right
3&4 Step right to right side, close left to right, step right to right side
5-6 Rock back on left, recover weight on right making ¼ turn left [9.0]
7-8 Step left forward, hold

Section 4: & Step – Hold, & Step & Step, Rocking Chair

&1-2 Step back on right, step left forward, hold
&3&4 Step right beside left, step left forward, step right beside left, step left forward
5-6-7-8 Rock forward on right, recover weight on left, rock back on right, recover weight on left

Begin again

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