

Zoobi Doobi

拍數: 64 牆數: 4 級數: Improver
編舞者: Jennifer Choo Sue Chin (MY) - March 2011
音樂: Zoobi Doobi - Sonu Nigam & Shreya Ghoshal : (Soundtrack from 3 Idiots)



Intro: (start when the beat kicks in, approx at 0:38)

Set 1: DIAGONAL LOCK, FLICK, DIAGONAL LOCK, FLICK

- 1-2 Step RF fwd crossing over LF, Lock LF behind RF (10:30)
- 3-4 Step RF fwd crossing over LF, ¼ turn R on ball of RF flick LF back (1:30)
- 5-6 Step LF fwd crossing over RF, Lock RF behind LF (1:30)
- 7-8 Step LF fwd crossing over RF, ¼ turn L on ball of LF flick RF back (10:30)

Set 2: CROSS MAMBO, HOLD, BACK MAMBO, HOLD

- 1-4 Cross Rock RF over LF, Recover weight on LF, Step RF diag R back, Hold (10.30)
- 5-8 Rock LF diag R back, Recover weight on RF, Step LF diag L fwd, Hold (10:30)

Options: Bend both elbows like chicken wings and flap them 8 times (1 flap for every count)

Set 3: PIVOT ½L TURN, FORWARD HOLD, FULL TURN R, HOLD

- 1-4 Step RF fwd (towards 12:00), ½ turn L shifting weight on LF, Step RF fwd, Hold (6:00)
- 5-8 ½ turn R stepping LF back, ½ turn R stepping RF fwd, Step LF fwd, Hold

Set 4: ½R TURN WALK (SKIP) AROUND WITH KICKS

- 1-2 Kick RF fwd, Execute 1/8 turn R Stepping RF fwd (7:30)
- 3-4 Kick LF fwd, Execute 1/8 turn R Stepping LF fwd (9:00)
- 5-6 Kick RF fwd, Execute 1/8 turn R Stepping RF fwd (10:30)
- 7-8 Kick LF fwd, Execute 1/8 turn R Stepping LF fwd (12:00)

Options: To make it more fun, skip instead of stepping fwd and tilt your head left and right.

Set 5: TOE HEEL CROSS HOLD, TOE HEEL CROSS HOLD

- 1-4 Touch R toe next to LF, Dig R heel to R diagonal, Cross RF over LF, hold
- 5-8 Touch L toe next to RF, Dig L heel to L diagonal, Cross LF over RF, hold

Set 6: POINT TOUCH, MONTEREY ½R TURN, POINT TOUCH STEP TOUCH

- 1-4 Point R toe to R, Touch RF next to LF, Point R toe to R, ½ turn R close RF next to LF (6:00)
- 5-8 Point L toe to L, Touch LF next to RF, Step LF to L, Touch R toe next to LF

Set 7: RIGHT CHASSE HOLD, ¼L TURN LEFT CHASSE

- 1-4 Step RF to R, Close LF next to RF, Step RF to R, Hold
- 5-8 ¼ turn left stepping LF to L, Close RF next to LF, Step LF to L (3:00)

Set 8 SLOW ½L PIVOT, HIP TWISTS DOWN AND UP, FLICK

- 1-4 Step RF fwd, hold, Execute ½ turn L weight on LF, hold (9:00)
 - 5-6 Close RF to LF and twist hips to L (knees a bit bent), Bend knees more and twist heels to R
 - 7-8 Straighten knees a bit and twist hips to L, Straighten knees twist hips to R and flick RF back
- (counts 5-6: twist slowly downwards while counts 7-8: twisting slowly upwards)**

Repeat – No tags! No restarts! Have FUN!

Ending: On the 10th wall, dance Set 4 for a total of ¾R turn (instead of ½R turn) to face the front wall. Then, continue with Set 5 and step forward for a BIG FINISH!

