

Shala-lala, Shana-iaia

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 2 級數: Beginner
編舞者: Totoy Pinoy (USA) - March 2011
音樂: Crush (Dance Mix) - Jennifer Paige



Alternate music: Man! I Feel Like A Woman! by Shania Twain

Start dance on main vocals

TOE FANS, TRAVELING SWIVELS

1-4 Heels together, fan R toes out, in, out, in
5-8 Moving to right, swivel out heels, toes, heels, toes
9-12 Heels together, fan L toes out, in, out, in
13-16 Moving to left, swivel out toes, heels, toes, heels

BACK-BACK-BACK-HOOK, STEP-LOCK-STEP-SCUFF 1/2 LEFT

1-2 Step R back, step L back
3-4 Step R back, hook L over R shin
5-6 Step L forward, lock R behind L
7-8 Step L forward, scuff R forward & turn 1/2 left

BACK-BACK-BACK-TOUCH, ANGLED STEP-LOCK-STEP-TOUCH

1-2 Step R back, step L back
3-4 Step R back, touch L together
5-6 Step L forward to left diagonal, lock R behind L
7-8 Step L forward to left diagonal, touch R together

ANGLED STEP-LOCK-STEP-TOUCH, ANGLED STEP-LOCK-STEP-CLOSE

1-2 Step R forward to right diagonal, lock L behind R
3-4 Step R forward to right diagonal, touch L together
5-6 Step L forward to left diagonal, lock R behind L
7-8 Step L forward to left diagonal, step R heel together

REPEAT
