

Let It Bay - Be

COPPER KNOB
BY STEPHEN

拍數: 16 牆數: 4 級數: Beginner
編舞者: Tina Argyle (UK) - March 2011
音樂: Let It Be - Katie Stevens : (American Idol Album Season 9)



Count In : 16 counts from start of track - start dancing with lyrics.

Right Nightclub Basic. Left Nightclub Basic.

- 1 Take big step to right side.
- 2& Rock back left. Recover weight onto right.
- 3 Take big step to left side.
- 4& Rock back right. Recover weight onto left.

Side, Sweep. Extended Weave.

- 5 Take big step to right side, sweeping left leg anti- clockwise at the same time.
- 6 Cross left behind right.
- &7 Step right to right side. Cross left over right.
- &8 Step right to right side. Cross left behind right.
- & Step right to right side.

Left Cross Rock, Recover. Step. Right Cross Rock, Recover. Step.

- 9 Rock left over right.
- 10& Recover weight onto right. Step left to left side.
- 11 Rock right over left.
- 12& Recover weight onto left. Step right to right side.

Cross ¼ Turn. Step. Walk. Walk.

- 13 Cross left over right.
- 14& ¼ turn left stepping back right. Step left to left side.
- 15 Step forward right.
- 16 Step forward left.

Optional Easy Peasy Lemon Squeezy Ending!!

On final wall (4th time you start facing 12 o'clock) - Dance up to count 7. Hold. Then slowly unwind with the music a full turn right to face front.

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