

DAME' (Touch Me)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Amy Christian (USA) - April 2011
音樂: Dame (Touch Me) - Jennifer Lopez & Chayanne : (Album: J Lo)



Intro: 32 Count. Start on Lyrics.

SIDE, TOG, 1/4, HITCH, STEP & BUMP, BUMP, BUMP, HOLD, X 2

1&2& Step R to right side, Step L next to R, 1/4 right stepping R fwd, Hitch L,
3&4 Step L to left side as you bump, L, R, L,
5&6& Step R to right side, Step L next to R, 1/4 right stepping R fwd, Hitch L,
7&8 Step L to left side as you bump, L, R, L,

SAILOR 1/2, TWIST 1/2, TWIST 1/2, FWD MAMBO , SEXY WALK, WALK,

1&2 1/2 turn R Sailor,
3 On ball on R, Twist 1/2 turn left, transferring weight to L (6:00),
4 On ball of L, Twist 1/2 turn right, transferring weight to R (12:00),
5&6 Mambo fwd on L,
7-8 Walk fwd, R, L,

SIDE ROCK, CROSS & CROSS, STEP, SIDE ROCK, TRIPLE ON THE SPOT, MAMBO, COASTER,

1&2 Rock R to right side, Recover on L, Cross R over L,
&3-4 Step L to left side, Cross R over L, Step L next to R,
5&6 Rock R to right side, Recover on L, Step R net to L,
7&8 L Coaster,

CHASE 1/2, TRIPLE 1/2, CHASE 1/2, TRIPLE 1 1/4,

1&2 Step R fwd, Pivot 1/2 left on L, Step fwd on R, (6:00)
3&4 Full Triple right, (6:00)
5&6 Step R fwd, Pivot 1/2 left on L, Step fwd on R, (12:00)
7&8 Triple 1 1/4 turn right, (3:00)

Easy option for 7&8 - Mambo 1/4 - (Rock fwd on L, 1/4 right on R, Step L next to R.)

Dance tip,... This is Latin music,... so remember to keep knees bent and use those hips! :)

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