

Bandido Ban Ban

拍數: 48 牆數: 2 級數: Beginner
編舞者: Edward Tam (MY) - March 2011
音樂: Bandido Ban Ban - El Símbolo



Intro: Start after 16 Counts or start on vocals

[1-8] Sway Hips, Together, Right Side, Sway Hips, Together, Left Side

1 -2 Sway hips over to the right, sway hips over to the left
3&4 Move right leg to the right, move left leg to the right, move right leg to the right
5-6 Sway hips over to the left, sway hips over to the right
7&8 Move left leg to the left, move right leg to the left, move left leg to the left

[9-16] (Repeat 1-8)

[17-24] Right Cross, Hitch, Right Side, Left Cross, Hitch, Left Side

1-2 Move right leg in front on of left leg, move right leg back to the right
3& Lift right leg up and recover on right
4& Move right leg beside right leg, move right leg to the right
5-6 Move left leg in front of right leg, move left leg back to the left
7& Lift left leg up and recover on left
8& Move right leg beside left leg, move right leg to the right

[25-32] (Repeat 17-24)

[33-40] Side, Together, Side, ½ Turn R; Side, Together, Side

1-2 Move right leg to the right, move left leg beside right
3&4 Move right leg to the right, move left leg beside right, move right leg to the right
5-6 ½ right turn right leg on the right, move left leg beside right
7&8 Move left leg to the left, move right leg beside left, move left leg to the left

[41-48] Out Out In In x2

1-2 Step right leg forward to the right, step left leg forward to the left
3-4 Move right leg back, move left back
5-6 Step right leg forward to the right, step left leg forward to the left
7-8 Move right leg back, move left back

Repeat until the end of dance with no tag.

Have Fun & Enjoy the Dance!
