

Jerry Lee Rock

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Beginner / Improver
編舞者: Karl-Harry Winson (UK) - March 2011
音樂: Rockin' My Life Away - Jerry Lee Lewis : (Album: Mean Old Man)



Intro: 16 Counts, Start on Vocals (BPM: 184)

Side strut. Back rock. Side strut. Back rock.

1 – 2 Step Left toe to Left side. Drop the heel.
3 – 4 Rock back on Right. Recover weight forward on Left.
5 – 6 Step Right toe to Right side. Drop the heel.
7 – 8 Rock back on Left. Recover weight forward on Right.

Side (hold). Behind 1/4 turn. Step (hold). Step pivot 1/2 turn.

1 – 2 Step Left to Left side. Hold.
3 – 4 Cross Right behind Left. Make 1/4 Left stepping Left forward.
5 – 6 Step Right forward. Hold.
7 – 8 Step forward on Left. Pivot 1/2 turn Right.

Step forward: Out (hold) Out (hold). Left Coaster step.

1 – 2 Step forward and out on Left. Hold.
3 – 4 Step Right out to Right side. Hold.
5 – 6 Step back on Left. Step Right beside Left.
7 – 8 Step Left forward. Hold.

Step forward: Out (hold) Out (hold). Right Coaster step.

1 – 2 Step forward and out on Right. Hold.
3 – 4 Step Left out to Left side. Hold.
5 – 6 Step back on Right. Step Left beside Right.
7 – 8 Step Right forward. Hold.

Forward shuffle (Hold). Step 1/2 turn-step.

1 – 4 Step Left forward. Close Right beside Left. Step Left forward. Hold.
5 – 8 Step Right forward. Pivot 1/2 Left. Step Right forward. Hold.

Full turn Right (with Hitches). Side rock. Touch.

1 – 2 Make 1/2 turn Right stepping back on Left. Hitch Right knee.
3 – 4 Make 1/2 turn Right stepping Right forward. Hitch Left knee.
5 – 8 Rock Left to Left side. Recover weight on Right. Touch Left beside Right. Hold.

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