

Zhuo Ma

COPPER KNOB
STEPSHEETS

拍數: 50 牆數: 2 級數: Phrased Intermediate
編舞者: Zhao Shu Xin & Yang Zi Qing - November 2008
音樂: Zhuo Ma - Ya Dong



Sequence: A, Tag, A, A, A, B, B, A, A, B, B, B', Tag, A, A, A ENDING
Intro - start on vocal

Part A

[1 – 8] Section 1: STEP, CHASSE LEFT, ROCK STEP; STEP, CROSS, PT R, PT FRONT

- 1 Step RF forward
- 2 & 3 Chasse to L – LRL [hand movement – on ct 3, open up both arms like an eagle]
- 4 & Rock RF across LF, recover [hand movement – swing R arm downward to L]
- 5 Step RF to R [Hand movement: raise R arm back]
- 6 Step LF across RF [Hand movement: swing L arm downwards to R]
- 7 Point RF to R [Hand movement: raise L arm back]
- 8 Point RF forward [hand movement: swing R arm in front]

[9 – 16] Section 2: RF RONDE BACK, 1/2 PIVOT TURN L, FULL TURN R ON SPOT

- 1 Ronde RF to back, body angling R [Hand movement – swing both arms to R] (6:00)
- 2 Ronde RF to L, while doing a ½ turn to L, point R toes forward

[Hand movement: swing both hands to L while turning to L]

- 3&4& Turn 1/4 R step R forward, turn 1/4 R, step LF forward; repeat above (6:00)

[Note: perform these 4 steps on toes; hand movement –hands by the sides]

Tag 1: ROCKING CHAIR

- 1&2& Rock RF to R, recover on LF, rock RF back, recover on LF

Repeat A, A, A

Part B

[1 - 8] (facing 12:00) Section 1: ROCK R & L, STEP R, CROSS STEP R HEEL TOUCH; ROCK L & R, STEP L, CROSS STEP L HEEL TOUCH

- 1 & 2 Rock R, L, step RF to R ,drag LF along

[hand movement – open arms up gradually like wings]

- 3 & 4 Cross LF in front of RF, step RF back, touch L heel forward

[hand movement – circle L arm in front of body to vertical, making R angle with R arm; look over to L diagonal]

- 5 & 6 Rock L,R, step LF to L ,drag RF along [hand movement – open arms up gradually like wings]

- 7 & 8 Cross RF in front of LF, step LF back, touch R heel forward

[Hand movement – same like 3 & 4, reverse direction]

[9-16] Section 2: R TOE TOUCH, HITCH, STEP RF FW ,L TOE TOUCH HITCH, STEP LF FW; PT RF FW, ½ TURN R SHUFFLE FW, FULL TURN L

- 1 & 2 Touch R toes forward, hitch left knee slightly, step RF down

[Hand movement – place clenched fists in front of abdomen, like holding the rein of a horse]

- 3 & 4 Touch L toes forward, hitch right knee slightly, step LF down

- &5 Point RF forward, 1/2 turn right

- & 6 & R shuffle forward RLR (6:00)

- &7,8 Step LF forward, step RF next to LF, ronde LF anticlockwise while. *full turn L, step LF down (6:00)

(* Replace with 1 1/2 turn L or simplified ½ turn L for the last repetition, followed by Tag 1)

[17 – 24] Section 3: STEP FW & SIDE POINT 2x, POINT R FW,BK, FULL TURN L

- 1 – 2 Step RF forward, point LF to L

[Hand movement – L arm stretched to side, R arm raised up vertically to make Rt angle with R arm]

- 3 – 4 Step LF forward, point RF to R [Hand movement – reverse direction of above]
- 5 – 6 Touch RF forward, touch RF backward [Hand movement – swing both arms to L, then to R]
- 7 & 8 Spiral full turn L, touch RF forward (6:00)

[25 – 32] Section 4: WALK BW 3X AND KICK LF FW, WALK BW 3X AND KICK RF FW; STEP R FW, PT L FW

- 1&2& Walk back with small steps - RLR - kick LF forward

[Body movement- slowly lower raised arms with palms facing fw, move shoulder fw & bw slightly synchronizing with the walks]

- 3&4& Walk back with small steps - LRL - kick RF forward [Body movement – continue the above]
- 5 – 6 Step RF forward, point LF forward
- 7 – 8 Ronde LF to back, full turn L, step RF forward
- 9 – 10 Point LF to L, step LF in front of RF [Hand movement: same like Part B section 3 ct 1- 4]

Repeat B, A, A, B, B, B'(1 - 16 with 1 1/2 turn on last ct 7 & 8),TAG , A,A,A end

Ending

- 1 Step RF forward
 - 2 & 3 Chasse to L – LRL
 - 4 & Rock RF across LF, recover
 - 5 – 6 Step RF to R, cross LF over RF
 - 7 – 8 Make 1/2 turn R, pivoting on LF, step RF backward slightly, point LF forward, bow.
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