

El Tango Argentino

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sebastiaan Holtland (NL) - March 2011
音樂: El Choclo - Helmut Lotti : (CD: Latino Classic 2000)



32 count intro (18 Sec)

[1-8] Steps Back, Gancho, 1/4 Turn L, Stomp (SSQQS)

1-4 Stepping back on Lf, Hold, stepping back on Rf, Hold (12:00)
5-8 Stepping back on Lf, Rf hook up across Lf, turn 1/4 left (9) step Rf to the right, stomp Lf next to Rf take weight onto both feet

[9-16] 1/4 Turn R, Basic Tango Lunge 1/4 Turn L (SQQ), Side, Together, Hold, 1/4 Quick Turn L

1-4 Turn 1/4 right (12) step back on Lf bending L knee, Hold, step Rf back in place, turn 1/4 left (9) step forward on Lf
5-6 Step Rf to the right, step Lf beside Rf take weight onto both feet
7-8 Hold, turning 1/4 quick left (6) on both feet take weight onto Rf

[17-24] Fallaway Reverse Slip Pivot (QQQQ), Fallaway Reverse Slip Pivot (QQQQ)

1-4 Step diagonal forward on Lf over heel, step Rf to the right, hook Lf behind Rf, Step Rf back weight onto Rf (12:00) (Fallaway Reverse Slip Pivot)
5-8 Step diagonal forward on Lf over heel, step Rf to the right, hook Lf behind Rf, Step Rf back weight onto Rf (6:00) (Fallaway Reverse Slip Pivot)

[25-32] Tango Contra Check, Back Step, Hold, 1/8 Turn L, Tango Rocks, Hold (QSSQQS)

1-4 Check forward on Lf with diagonal contra body movement left, replace, step back on Lf, Hold
5-8 Turn 1/4 left (3) rock back on Rf, recover on Lf, recover on Rf, Hold (3:00)

[33-40] 1/4 Turn L, Basic Tango Pattern (SSQQS)

1-4 Turn 1/4 left (12) step forward on Lf, Hold, step forward on Rf, Hold
5-8 Step forward on Lf, step Rf to the right, step together on Lf, Hold take weight onto both feet (12:00)

[41-48] Steps Back, Gancho, 1/4 Swivel L (SSQQS)

1-4 Step back on Rf, Hold, step back on Lf, Hold
5-8 Step back on Rf, Lf hook up across Rf, step Lf back in place, swivel 1/4 left (9) keeping feet together

[49-56] Cross & Cross, Lift, Crossvine Right 1/4 Turn R (QSSQQSS)

1-4 Cross Rf over Lf, step Lf slightly to left, cross Rf over Lf, lift R knee up keep weight onto Rf
5-8 Cross Lf over Rf, step Rf to the right side, step Lf behind Rf, turn 1/4 right (12) step forward on Rf weight onto Rf

[47-64] Left Rock Fwd / Recover, Back, Hold, Step Back, Hold, Quarter Turn L, Side, Stomp (QQSSQQ)

1-4 Rock forward on Lf, recover on Rf, step back on Lf, Hold
5-8 Stepping back on Rf, Hold, turn 1/4 left (9) step Lf to the left side, stomp Rf next to Lf take weight onto Rf (9)

Start Again, Enjoy!

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