

Riverboat Queen

COPPERKNOB
STEP SHEETS

拍數: 156 牆數: 2 級數: Intermediate / Advanced
編舞者: Ross Brown (ENG) - March 2011
音樂: Proud Mary - Ike & Tina Turner : (4:57)



Intro: 16 Counts (Approx. 10 Secs)

Sequence: A (x6) – A (1st Two Sections) – B (Onwards)

NOTE: You will notice that on the 7th sequence of Part A, the music begins to slow down.
Dance up to Counts 16 & (***) , then start dancing Part B, facing the front wall.
When you start doing Part B, the beat will kick in after the ROCKING CHAIR.
Also, Part B should feel as though it “starts” with the RUMBA BOX FORWARD.

Part A : 32 Counts – 2 Wall

STEP ¼ TURN R. ROCK FORWARD. SHUFFLE ½ TURN L. ROCK FORWARD. SHUFFLE ½ TURN R.

- 1 – 2 – 3 Make a ¼ turn right stepping forward with right, rock forward with left, recover onto right.
- 4 & 5 Shuffle a ½ turn left stepping; left, right, left.
- 6 – 7 Rock forward with right, recover onto left.
- 8 & 1 Shuffle a ½ turn right stepping; right, left, right. (3 o'clock)

STEP, SPIRAL ¾ TURN R. SHUFFLE FORWARD. ROCK FORWARD. COASTER STEP.

- 2 – 3 Step forward with left, make a ¾ turn right hooking right across left.
- 4 & 5 Step forward with right, close left up to right, step forward with right.
- 6 – 7 Rock forward with left, recover onto right.
- 8 & Step back with left, step right next to left. (***) (12 o'clock)

STEP. PIVOT ½ TURN R, SIDE STEP ¼ TURN R. SAILOR ¼ TURN R. PIVOT ½ TURN L, SIDE STEP ¼ TURN L. SAILOR ½ TURN L with CROSS.

- 1 Step forward with left.
- 2 – 3 Pivot a ½ turn right, make a ¼ turn right stepping left to the left.
- 4 & 5 Make a ¼ turn right stepping; right behind left, left next to right, forward with right.
- 6 – 7 Pivot a ½ turn left, make a ¼ turn left stepping right to the right.
- 8 & 1 Make a ½ turn left stepping; left behind right, right next to left, left over right. (9 o'clock)

MONTEREY ¾ TURN R. SIDE ROCK, CROSS. HIP ROLL. SIDE, TOGETHER.

- 2 – 3 Point right to the right, make a ¾ turn right stepping right over left.
- 4 & 5 Rock left to the left, recover onto right, cross step left over right.
- 6 – 7 Step right to the right rolling hips anti clockwise over two counts. (Weight ends on left)
- 8 & Step right to the right, close left up to right. (6 o'clock)

Part B : 124 Counts – 1 Wall

ROCKING CHAIR.

- 1 – 2 – 3 – 4 Rock forward with left, recover onto right, rock back with left, recover onto right. (12 o'clock)

STEP, HOLD. STEP ¼ TURN R. HOLD. STEP ½ TURN L, HOLD. STEP ¼ TURN R, HOLD.

- 1 – 2 Step forward with left, hold for 1 count.
- 3 – 4 Make a ¼ turn right stepping forward with right, hold for 1 count.
- 5 – 6 Make a ½ turn left stepping forward with left, hold for 1 count.
- 7 – 8 Make a ¼ turn right stepping forward with right, hold for 1 count. (12 o'clock)

STEP ½ TURN L, HOLD. STEP ¼ TURN R, HOLD. STEP ¼ TURN L, HOLD. STEP, PIVOT ½ TURN L.

- 1 – 2 Make a ½ turn left stepping forward with left, hold for 1 count.

- 3 – 4 Make a ¼ turn right stepping forward with right, hold for 1 count.
5 – 6 Make a ¼ turn left stepping forward with left, hold for 1 count.
7 – 8 Step forward with right, pivot a ½ turn left. (12 o'clock)

SLOW JAZZ BOX.

- 1 – 2 – 3 – 4 Cross step right over left, hold for 1 count, step back with left, hold for 1 count.
5 – 6 – 7 – 8 Step right to the right, hold for 1 count, step forward with left, hold for 1 count. (12 o'clock)

SLOW JAZZ BOX with CROSS.

- 1 – 2 – 3 – 4 Cross step right over left, hold for 1 count, step back with left, hold for 1 count.
5 – 6 – 7 – 8 Step right to the right, hold for 1 count, cross step left over right, hold for 1 count. (12 o'clock)

RUMBA BOX FORWARD.

- 1 – 2 – 3 – 4 Step right to the right, step left next to right, step forward with right, hold for 1 count.
5 – 6 – 7 – 8 Step left to the left, step right next to left, step back with left, hold for 1 count. (12 o'clock)

RUMBA BOX BACK.

- 1 – 2 – 3 – 4 Step right to the right, step left next to right, step back with right, hold for 1 count.
5 – 6 – 7 – 8 Step left to the left, step right next to left, step forward with left, hold for 1 count. (12 o'clock)

CHASSE ¼ TURN R, HOLD. MAMBO ½ TURN L, HOLD.

- 1 – 2 – 3 – 4 Step right to the right, close left up to right, make a ¼ turn right stepping forward with right, hold for 1 count.
5 – 6 – 7 – 8 Rock forward with left, recover onto right, make a ½ turn left stepping forward with left, hold for 1 count. (9 o'clock)

STEP, LOCK, STEP, HOLD. STEP, PIVOT ½ TURN R, STEP, HOLD.

- 1 – 2 – 3 – 4 Step forward with right, lock left behind right, step forward with right, hold for 1 count.
5 – 6 – 7 – 8 Step forward with left, pivot a ½ turn right, step forward with left, hold for 1 count. (3 o'clock)

SIDE ROCK ¼ TURN L. KICK, CROSS. SIDE ROCK. KICK, CROSS.

- 1 – 2 Make a ¼ turn left rocking right to the right, recover onto left.
3 – 4 Kick right foot forward, cross step right over left.
5 – 6 – 7 – 8 Rock left to the left, recover onto right, kick left foot forward, cross step left over right. (12 o'clock)

SIDE, TOUCH, SIDE, TOUCH. COASTER STEP, HOLD.

- 1 – 2 – 3 – 4 Step right to the right, touch left next to right, step left to the left, touch right next to left.
5 – 6 – 7 – 8 Step back with right, step left next to right, step forward with right, hold for 1 count. (12 o'clock)

STEP, HOLD, STEP, PIVOT ½ TURN. X2.

- 1 – 2 – 3 – 4 Step forward with left, hold for 1 count, step forward with right, pivot a ½ turn left.
5 – 6 – 7 – 8 Step forward with right, hold for 1 count, step forward with left, pivot a ½ turn right. (12 o'clock)

STEP, HOLD, STEP, PIVOT ½ TURN L. RUN, RUN, RUN, RUN.

- 1 – 2 – 3 – 4 Step forward with left, hold for 1 count, step forward with right, pivot a ½ turn left.
5 – 6 – 7 – 8 Run forward; right, left, right, left. (6 o'clock)

STEP, HOLD, STEP, PIVOT ½ TURN. X2.

- 1 – 2 – 3 – 4 Step forward with right, hold for 1 count, step forward with left, pivot a ½ turn right.
5 – 6 – 7 – 8 Step forward with left, hold for 1 count, step forward with right, pivot a ½ turn left. (6 o'clock)

STEP, HOLD, STEP, PIVOT ½ TURN R. RUN, RUN, RUN, RUN.

- 1 – 2 – 3 – 4 Step forward with right, hold for 1 count, step forward with left, pivot a ½ turn right.

5 – 6 – 7 – 8 Run forward; left, right, left, right. (12 o'clock)

ROCK FORWARD. BACK STRUT. BACK STRUT. ROCK BACK.

1 – 2 – 3 – 4 Rock forward with left, recover onto right, touch left toe back, place left heel.

5 – 6 – 7 – 8 Touch right toe back, place right heel, rock back with left, recover onto right. (12 o'clock)

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