

Circle Belinda (P)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 0 級數: Beginner Partner - Circle
編舞者: Bobo Chiu (CAN) - March 2011
音樂: Pretty Belinda - Dr. Victor & The Rasta Rebels



Position: Lady outside circle facing partner and Man inside circle facing partner.
(preparation: Man R/hand hold lady R/hand)
Intro: 32 count

[1-8] R/cross rock, Recover, Chasse to R, L/cross rock, Recover, Chasse to L.

1-2 Cross rock R over L, Recover weight on L.
3&4 Step R to R side, step L beside R, step R to R side.
5-6 Cross rock L over R, Recover weight on R.
7&8 Step L to L side, step R beside L, step L to L side.

[2-8] Weave to L- (facing new partner), R Cross Mambo & L Cross Mambo.

1-4 Cross R over L, step L to L side, cross R behind L, step L to L side - (facing new partner)
5&6 Cross rock R over L, Recover weight on L, step R to R side - (Shimmy)
7&8 Cross rock L over R, Recover weight on R, step L to L side - (Shimmy)

[3-8] Side, Touch, side, Touch, Linking Partners R Am, 2 Shuffles Traveling Clockwise 1/4 R.

1-4 Step R to R side, L touch beside R & Clap, Step L to L side, R touch beside L & Clap
5&6 Linking partners R am turning 1/8 to R chasse - right left right
7&8 Turning 1/8 to R chasse – left right left

[4-8] Linking Partners L Am, 2 Shuffles Traveling Anti-clockwise Completing 1/2 turn L,

4 steps Traveling Anti-clockwise Completing 3/4 turn L changing New partner Again.
1&2 Linking partners L am turning 1/4 to L chasse - right left right
3&4 Turning 1/4 to L chasse – left right left
5-8 (man) 4 steps forward keep slide turning (3/4 L) changing new partner again – (R/L/R/L)
(lady) 4 steps forward keep slide turning (3/4 R) changing new partner again – (R/L/R/L)

Start Again. Enjoy !!!