Electric



拍數: 80 牆數: 4 級數: Phrased Intermediate

編舞者: Tajali Hall (CAN) - February 2011

音樂: Electric - Shawn Desman



16 count intro. Sequence: A, A, B, C, A, B, C, C, B, B, B, C, C

Part A (32 Counts)

STEP FORWARD, SYNCOPATED JAZZ BOX, CROSS, SIDE TRIPLE, STEP SWEEP, STEP BEHIND

1-2& Step right forward, cross left over right, step right back

3-4 Step left to left side, cross right over left

Step left to left side, step right next to left, step left to left side

7-8 Step right next to left while sweeping left out to left side, step left behind right

STEP SIDE, $\frac{1}{4}$ TURN, SYNCOPATED FORWARD ROCK/RECOVER, $\frac{1}{2}$ TURN TRIPLE, $\frac{1}{4}$ TURN BALL CROSS, STEP SIDE

1-2 Step right to right side, ¼ turn right stepping forward on left (3:00) 3&4 Rock forward on right, recover weight to left, step back on right

5&6 ½ turn left tripling forward left, right, left (9:00)

&7-8 ½ turn left stepping right to right side (6:00), cross left over right, step right to right side

STEP SIDE, SYNCOPATED CROSS ROCK/RECOVER (x2), SYNCOPATED JAZZ BOX

1-2&3 Step left to left side, rock right across left, recover weight to left, step right to right side

4&5 Rock left across right, recover weight to right, step left to left side

6-7 Cross right over left, step back on left

&8 Step right next to left, step forward on left angling to right diagonal (7:30)

SAILOR STEP (x2), ½ TURN WALKAROUND

1&2 (Still facing 7:30) Cross right behind left, step left to left side, step right to right side making 1/4

turn left to left diagonal (4:30)

3&4 (Still facing 4:30) Cross left behind right, step right to right side, step left to left side

straightening back to 6:00

5-6-7-8 Walk around in wide ½ turn to right walking right, left, right, left (12:00)

Part B (32 Counts)

OUT, OUT, KNEE POP (x2), 1/4 TURN STEP FORWARD, SYNCOPATED ROCK/RECOVER, LARGE STEP & DRAG

1-2 Step out right, step out left (feet should be shoulder-width apart with weight evenly on both

feet)

Pop left knee in (left heel should turn outwards), recover (bring left heel back to center)

&4 Pop right knee in (right heel should turn outwards), recover (bring right heel back to center).

ending with weight on right foot

5-6& ½ turn right stepping forward on left (3:00), rock forward on right, recover to left

7-8 Large step back on right dragging left heel, step back on left

1/4 TURN ROCK, RECOVER, BEHIND, 1/4 TURN, 1/4 TURN, SYNCOPATED WEAVE, BALL STEP, CROSS

1-2 ½ turn right rocking right to right side (6:00), recover weight to left

3&4 Step right behind left, ¼ turn left stepping forward on left (3:00), ¼ turn left stepping right to

right side (12:00)

Step left behind right, step right to right side, cross left over right

&7-8 Step right to right side angling towards left diagonal, step left next to right, cross right over left

Styling: You can do a single ½ turn on "4" instead of the two ¼ turns in order to make it look sharper.

On counts "&7-8", push your hips back in order to accentuate the ball step.

1/4 TURN LEFT, ½ TURN LEFT, BEHIND, SIDE, CROSS, ¼ TURN SCISSOR STEP, KICK BALL STEP 1-2 ¼ turn left stepping forward on left (9:00), ¼ turn left stepping right to right side (6:00) 3&4 Step left behind right, step right to right side, cross left over right 5&6 ¼ turn left stepping back on right (3:00), slide left back next to right, step forward on right

STEP FORWARD LEFT, ¼ TURN LEFT, BEHIND, SIDE, CROSS, ¼ TURN SCISSOR STEP, KICK BALL TOLICH

Small kick forward with left, step left next to right, step forward on right

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1-2	Step forward on left, ¼ turn left stepping right to right side (12:00)
3&4	Step left behind right, step right to right side, cross left over right
5&6	1/4 turn left stepping back on right (9:00), slide left back next to right, step forward on right
7&8	Small kick forward with left, step left next to right, touch right next to left

Part C (16 Counts)

7&8

MODIFIED "ELECTRIC SLIDE": GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT, TOUCH

1-2-3-4	Step right to right side, step left behind right, step right to right side, touch left next to right
5-6-7-8	Step left to left side, step right behind left, step left to left side, touch right next to left

Note: Feel free to jazz up the basic grapevines with claps, rolling vines, etc. Do whatever you want, just make it fun!

MODIFIED "ELECTRIC SLIDE" CONTINUED: WALK BACK x3, TOUCH, WALK FORWARD x3, 1/4 TURN TOUCH

1-2-3-4	Walk back right, walk back left, walk back right, touch left next to right
5-6-7-8	Walk forward left, walk forward right, walk forward left, ¼ turn left touching right next to left

(6:00)

Note: The last time you do part C do a ¾ turn left at the end instead of ¼ turn left so that you finish facing the front wall.

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