

Boogie Woogie Rhythm

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Jo Thompson Szymanski (USA) - 2011
音樂: Boogie Woogie Rhythm - Scooter Lee : (CD: Big Bang Boogie)



To purchase the CD (available now) go to: www.scooterlee.com

Can be used as a floor split with: Cowboy Charleston

Intro: start on the word "born"

[1-8] TOE STRUT LINDY RIGHT & LEFT

1 – 4 Step R toe to right, Drop R heel, Rock back L, Recover forward R
5 – 8 Step L toe to left, Drop L heel, Rock back R, Recover forward L

[9-16] TOE HEEL SWIVELS TRAVELING RIGHT OR 4 TOE STRUTS RIGHT

1 Touch R toe to right with toe turned in knees bent, swivel left on ball of L
2 Swivel right on ball of L, step R to right with toe turned out, knees bent
3 Swivel left on ball of R, Touch L heel to left, knees bent
4 Swivel right on ball of R, Cross L over R, knees bent
5 – 8 Repeat above 4 counts again. Think: toe, step, heel, cross, toe, step, heel, cross

Easier option for counts 1 – 8 – Do 4 Toe Struts traveling to the right

1 – 4 Step R toe to right, Drop R heel, Step L toe across R, Drop L heel
5 – 8 Step R toe to right, Drop R heel, Step L toe across R, Drop L heel

[17-24] SWING KICKS RIGHT AND LEFT with 1/4 TURN RIGHT

1 – 4 Kick R to right diagonal, Step R behind L, Step L to left, Cross R over L
5 – 8 Kick L to left diagonal, Step L behind R, Turn 1/4 right step R forward, Step L forward

[25-32] SLOW FORWARD, FORWARD, BACK, BACK WITH RIGHT HAND SNAPS

1 – 2 Step R forward to right diagonal, Snap up to right with R hand
3 – 4 Step L forward to left diagonal, Snap up to left with R hand
5 – 6 Step R back to right diagonal, Snap down to right with R hand
7 – 8 Step L back to left diagonal, Snap down to left with R hand

[33-40] STEP TOUCH, BACK, 1/2 TURNS WITH SMALL HITCHES

1 – 2 Step forward R to right diagonal, Touch L beside R
3 – 4 Step back L, Turn 1/2 right lifting R foot slightly
5 – 6 Step forward R, Turn 1/2 right lifting L foot slightly
7 – 8 Step back L, Lift R foot slightly

Easier option for above counts 3-8 – Step back L, Touch R, Step back R, Touch L, Step back L, Touch R

[41-48] JUMP OUT, HOLD, KNEE POPS TWICE, JAZZ BOX

&1 – 2 Step R to right (&), Step L to left (1), Hold (2)

Styling: Hands go out to side on count 1 – "you're safe"

&3 Bend both knees slightly allowing heels to rise (&), Straighten both legs, heels lower (3)
&4 Bend both knees slightly allowing heels to rise (&), Straighten both legs, heels lower (4)
5 – 8 Cross R over L, Step L back, Step R to right, Cross L over R

Note: Counts 43-44 were revised on 2/23/11

Start again from the beginning.

Ending: Facing 3:00 wall, counts 45-48 – Step R forward, Turn 1/4 left weight to L, Stomp R forward, Hold

