Boogie Woogie Rhythm

COPPER KNOB

拍數: 48

牆數:4

級數: Intermediate

編舞者: Jo Thompson Szymanski (USA) - 2011

音樂: Boogie Woogie Rhythm - Scooter Lee : (CD: Big Bang Boogie)



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To purchase the CD (available now) go to: www.scooterlee.com Can be used as a floor split with: Cowboy Charleston Intro: start on the word "born"		
[1-8] TOE STRUT LINDY RIGHT & LEFT		
1 – 4	Step R toe to right, Drop R heel, Rock back L, Recover forward R	
5 – 8	Step L toe to left, Drop L heel, Rock back R, Recover forward L	
[9-16] TOE HEEL SWIVELS TRAVELING RIGHT OR 4 TOE STRUTS RIGHT		
1	Touch R toe to right with toe turned in knees bent, swivel left on ball of L	
2	Swivel right on ball of L, step R to right with toe turned out, knees bent	
3	Swivel left on ball of R, Touch L heel to left, knees bent	
4	Swivel right on ball of R, Cross L over R, knees bent	
5 – 8	Repeat above 4 counts again. Think: toe, step, heel, cross, toe, step, heel, cross	
-	or counts $1 - 8 - Do 4$ Toe Struts traveling to the right	
1 – 4	Step R toe to right, Drop R heel, Step L toe across R, Drop L heel	
5 – 8	Step R toe to right, Drop R heel, Step L toe across R, Drop L heel	
[17-24] SWING KICKS RIGHT AND LEFT with 1/4 TURN RIGHT		
1 – 4	Kick R to right diagonal, Step R behind L, Step L to left, Cross R over L	
5 – 8	Kick L to left diagonal, Step L behind R, Turn 1/4 right step R forward, Step L forw	ard
[25-32] SI OW	FORWARD, FORWARD, BACK, BACK WITH RIGHT HAND SNAPS	
1 – 2	Step R forward to right diagonal, Snap up to right with R hand	
3 – 4	Step L forward to left diagonal, Snap up to left with R hand	
5 – 6	Step R back to right diagonal, Snap down to right with R hand	
7 – 8	Step L back to left diagonal, Snap down to left with R hand	
[33-40] STEP ⁻	TOUCH, BACK, 1/2 TURNS WITH SMALL HITCHES	
1 – 2	Step forward R to right diagonal, Touch L beside R	
3 – 4	Step back L, Turn 1/2 right lifting R foot slightly	
5 – 6	Step forward R, Turn 1/2 right lifting L foot slightly	
7 – 8	Step back L, Lift R foot slightly	
Easier option for	or above counts 3-8 – Step back L, Touch R, Step back R, Touch L, Step back L, To	ouch R
[41-48] JUMP (OUT, HOLD, KNEE POPS TWICE, JAZZ BOX	
&1 – 2	Step R to right (&), Step L to left (1), Hold (2)	
Styling: Hands	go out to side on count 1 – "you're safe"	
&3	Bend both knees slightly allowing heels to rise (&), Straighten both legs, heels low	
&4	Bend both knees slightly allowing heels to rise (&), Straighten both legs, heels low	er (4)
5-8	Cross R over L, Step L back, Step R to right, Cross L over R	
Note: Counts 43-44 were revised on 2/23/11		
Start again from the beginning.		

Ending: Facing 3:00 wall, counts 45-48 - Step R forward, Turn 1/4 left weight to L, Stomp R forward, Hold