

# Hey Ahab

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Beginner  
編舞者: Denise Brault (USA) - March 2011  
音樂: Hey Ahab - Elton John & Leon Russell : (Album: The Union, 5:39)



Country Alt: Pants by Walker Hayes, 3:32

Begin on vocals at 0:40. For Ultra Beginner 1 wall - Omit 1/4 turn.

## [1 – 8] WALK WALK WALK, TOUCH, WALK WALK WALK, TOUCH

- 1 – 4      Walk R, L, R, touch left toe out to side
- 5 – 8      Walk forward L, R, L, touch right toe out to right side

## [9 – 16] STEP BEHIND, TOUCH, STEP BEHIND, TOUCH, STEP BEHIND, TOUCH, STEP BEHIND, TOUCH

- 1 – 4      Step right behind left, touch left toe to left, step left behind right, touch right toe to right
- 5 – 8      repeat above (this 8 count sequence travels backward)

## [17 – 24] VINE RIGHT, TOUCH, SHOULDER SHRUGS

- 1 – 4      Step right to right, left behind right, right to right, touch left toe next to right
- & 5      Shrug shoulders up turning upper body toward 10:30, push shoulders down punching right fist down in front of body, left fist in back
- & 6      Shrug shoulders up turning upper body toward 2:30, push shoulders down punching left fist down in front of body, right fist in back
- & 7      Shrug shoulders up turning upper body toward 10:30, push shoulders down punching right fist down in front of body, left fist in back
- & 8      Shrug shoulders up turning upper body toward 2:30, push shoulders down punching left fist down in front of body, right fist in back

## [25 – 32] VINE LEFT ¼ TURN, TOUCH, SHOULDER SHRUGS

- 1 – 4      Step left to left, right behind left, left 1/4 forward, touch right toe next to right
- & 5      Shrug shoulders up turning upper body toward 7:30, push shoulders down punching right fist down in front of body, left fist in back
- & 6      Shrug shoulders up turning upper body toward 10:30, push shoulders down punching left fist down in front of body, right fist in back
- & 7      Shrug shoulders up turning upper body toward 7:30, push shoulders down punching right fist down in front of body, left fist in back
- & 8      Shrug shoulders up turning upper body toward 10:30, push shoulders down punching left fist down in front of body, right fist in back

Smile and start again!

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