

Back It Up!

COPPER **KNOB**
BY HERBERTS

拍數: 32 牆數: 4 級數: Beginner
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音樂: Back That Thing Up - Justin Moore



Start dance 16 counts after beat kicks in during the intro –count in 5-6-7-8 after you hear “Don’t worry it ain’t gonna hurt ya”.

[1-8] R STEP SIDE, L STOMP, L STEP SIDE, R STOMP 2X; REPEAT

1,2 R step side right (1), L stomp (up) next to R (2)
3&4 L step side left (3), R stomp (up) next to L twice (&) (4)
5,6 R step side right (5), L stomp (up) next to R (6)
7&8 L step side left (7), R stomp (up) next to L twice (&) (8)

[9-16] R-L HEEL SWITCHES, R BIG STEP FWD, L TOUCH, L-R STEP-TOUCH BACK

1&2& R heel touch forward (1), R step next to L (&), L heel touch forward, (2), L step next to R (&)
3,4 R big step forward (3), L touch next to R (4)
5,6 L step back angled to left (5), R touch next to L (6)
7,8 R step back angled to right (7), L touch next to R (8)

[17-24] L STEP SIDE-TOGETHER, L STEP FWD, R TOUCH NEXT TO L, TRIPLE BACK R-L-R, L-R-L

1,2 L step side left (1), R step next to L (2).
3,4 L step forward (3), R touch next to L (4)
5&6 R step back (5), L step next to R (&), R step back (6)
7&8 L step back (7), R step next to L (&), L step back (8)

Option: On counts 5&6, 7&8 do two right 1/2-turn triples moving backwards.

[25-32] R STEP SIDE-TOGETHER, R STEP FWD 1/4 RIGHT, L TOUCH, L-R-L WALK BACK, R TOUCH

1,2 R step side right (1), L step next to R (2)
3,4 R step side right turning 1/4 right (3), L touch next to R (4)
5,6 L step back (5), R step back (6)
7,8 L step back (7), R touch next to L (8)

Option: On counts 5-6-7 walk backwards with attitude, like the Mashed Potato or the Roger Rabbit!

START AGAIN!

Web site: <http://home.earthlink.net/~theherberts>