On The Floor

拍數: 72

級數: Improver

編舞者: Shaz Walton (UK) - March 2011

音樂: On the Floor (feat. Pitbull) - Jennifer Lopez

Count in: 88 counts - 37 seconds (quite a long intro... so improvise)

Back Rock. Recover. Forward. Kick. Forward Rock. Recover. Step Back. Kick.

- 1-2 Rock back on right. Recover on left.
- 3-4 Step forward right. Kick left.
- 5-6 Rock forward on left. Recover on right.
- 7-8 Step back on left. Kick right forward. (12.00)

Slow Coaster Step. Kick. Shuffle Forward. Step 1/4 Pivot.

- 1-2 Step back on right. Step back left.
- 3-4 Step forward right. Kick left forward.
- 5&6 Step left forward. Step right beside left. step left forward.
- 7-8 Step forward right. Make 1/4 left (weight left) (9.00)

Cross. Side. Behind. Side. Cross Rock. Recover. 1/4. 1/4.

- 1-2 Cross step right over left. Step left to left side.
- 3-4 Cross step right behind left. Step left to left side.
- 5-6 Cross rock right over left. Recover on left.
- 7-8 Make ¹/₄ right stepping right forward. Make ¹/₄ right stepping left to left side. (3.00)

Behind. Side. Cross. Side. Behind. Side. Cross Rock. Recover.

- 1-2 Cross step right behind left. Step left to left side.
- 3-4 Cross step right over left. Step left to left side.
- 5-6 Cross step right behind left. Step left to left side.
- 7-8 Cross rock right over left. Recover on left. (3.00)

Shuffle ¼. Walk. Walk. Shuffle ¼. Stomp Out. Stomp Out.

- 1&2 Step right ¼ right. Step left beside right. Step right forward.
- 3-4 Walk forward left. Walk forward right.
- 5&6 Make a shuffle ¼ right stepping left, right, left.
- 7-8 Stomp right to right. Stomp left to left, (9.00)

Hip Bumps Right. Hip Bumps Left. Hips Right, Left, Right, Left.

- 1&2 Bump right hip to right, bump left hip to left. bump right hip to right.
- 3&4 Bump left hip to left. Bump right hip to right. Bump left hip to left.
- 5-6 Bump right hip to right. Bump left hip to left.
- 7-8 Bump right hip to right. Bump left hip to left. (Wave your arms on the La la la's!! have fun!!) (9.00)

Back Rock. Recover. Kick. Big Side. Drag. Back Rock. Recover. Kick ¼ Forward.

- 1-2 Rock back on right. Recover on left.
- 3-4 Kick right to right diagonal. Make a big step right with right as you drag left to right foot.
- 5-6 Rock back on left. Recover on right.
- 7-8 Kick left to left diagonal. Step left down making ¼ left (6.00)

Step 1/2 Pivot. Step. Lock. Step. Scuff. Step. Scuff.

- 1-2 Step forward right. Make ½ turn left.
- 3-4 Step forward right. Lock left behind right.





牆數:2

- 5-6 Step forward right. Scuff left forward.
- 7-8 Step forward left. Scuff right forward. (12.00)

Cross. Back. Side. Cross. Point. 1/2 Right. Point. Step.

- 1-2 Cross step right over left. Step back left.
- 3-4 Step right to right side. Cross step left over right.
- 5-6 Point right to right side. Make ¹/₂ turn right stepping right beside left.
- 7-8 Point left to left side. Step left beside right. (6.00)

The tags are VERY easy... (no new steps, just the beginning of the dance) TAG 1: AFTER wall 1 facing 6.00 – dance the first 8 counts of the dance. Restart the dance again from the beginning.

TAG 2: AFTER wall 2 facing 12.00- dance the first 16 counts of the dance replacing the ¼ pivot turn with 2 stomps Right - Left.

Restart the dance again from the beginning.

TAG 3: AFTER wall 3 facing 6.00 – dance the first 8 counts of the dance. Restart the dance again from the beginning.

Finish the dance after the rock back kick big side, Section 7. With a ½ pivot turn to face the front DA DA!!

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