

A Little News

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Forty Arroyo (USA) - March 2011
音樂: Breaking News - Michael Jackson



(Based on Lynne Martino's Intermediate Line Dance "Breaking News")

[1-8] WALK, WALK, MAMBO, MAMBO, STEP, ¼ TURN (from Lynne's dance Breaking News)

- 1,2 Walk forward R(1), L(2)
- 3&4 Rock R forward(3), recover weight on L(&), step R next to L(4)
- 5&6 Rock L forward(5), recover weight on R(&), step L next to R(6)
- 7,8 Step R forward(7), pivot turn ¼ left putting weight on L(8)

(Styling for mambo: after rocking forward instead of stepping back, Slide your foot back into place)

9-16 JAZZ BOX, RIGHT AND LEFT BUMPS

- 1-4 Cross R over L (1), Step L back (2), Step R to side (3), Close L (4)
- 5&6 Stepping side R – Bump hips to R L R
- 7&8 Stepping L in place - Bump hips to L R L

RESTART #2 HAPPENS HERE AT 9:00 – you will be ending the second set of 8 at 9:00 – turn ¼ R and start from the top.

[17-24] ROCK, RECOVER, KICK BALL CHANGE, STEP, PIVOT ¼, KICK, BALL, CHANGE

- 1-2 Rock back on ball of R (1), Recover weight on L (2)
- 3&4 Low kick R forward (R diagonal) (3), Step R next to L – on ball of R (&), Step L in place(4)
- 5-6 Step forward on R (5), Pivot ¼ L (6) – weight on L
- 7-8 Low kick R forward (R diagonal) (7), Step R next to L – on ball of R (&), Step L in place(8)

RESTART #1 HAPPENS HERE AT 6:00 (drop last 8 counts)

[25-32] SIDE, ROCK, RECOVER: RIGHT, LEFT, RIGHT LEFT

- 1 2& Step R to side (1), Rock back on ball of L (2), Recover weight on R (&)
- 3 4& Step L to side (3), Rock back on ball of R (4), Recover weight on L (&)
- 5 6& Step R to side (5), Rock back on ball of L (6), Recover weight on R (&)
- 7 8& Step L to side (7), Rock back on ball of R (8), Recover weight on L (&)

EASY OPTION:

- 1-4 Step side R, Touch L next to R, Step side L, Touch R next to L
- 5-8 Repeat steps 1-4

RESTART #1 – After You Have Completed Two Full Rotations: start at 12 o'clock - dance the first 24 counts only (now at 6 o'clock) and restart.

RESTART #2 - After 6th Rotation – You Will Be Starting The Dance At 12 O'clock: dance the first 16counts (up to the bumps – with weight on L) – you will be at 9 O'clock; turn ¼ to R and RESTART – walking forward on R.

Contact: www.fortyarroyo.com