

Rock A Bye Baby (P)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Intermediate Partner / Circle
編舞者: Greg Van Zilen (USA) & Samantha Van Zilen (USA) - March 2011
音樂: Got a Little Crazy - Kenny Chesney



Position: Side by Side facing OLOD. Same footwork
Start dancing on lyrics

RIGHT SIDE SHUFFLE, ROCK BACK LEFT, LEFT SIDE SHUFFLE, ROCK BACK RIGHT

1&2 Chassé side right, left, right
3-4 Step left back, recover to right
5&6 Chassé side left, right, left
7-8 Rock right back, recover to left

(MAN ¾ LEFT) (LADY 1& ¼ LEFT) (BOTH ROCK AROUND TURN)

9-10 Step right forward, turn ½ left (weight to left)

On count 9 release right and raise left hands keeping left hands raised for 10 & 11

11-12 MAN: Turn ¼ left and step right to side, touch left together

Lady: turn ½ left and step right back, turn ¼ left and step left to side

On 11 man places his right hand on lady's left shoulder blade while releasing left hands

On count 12 join man's left and lady's right hands now in closed position

13-16 MAN: Turn ¼ right and step left to side, recover to right, repeat 13 and 14

LADY: Turn ¼ right and step right to side, recover to left, repeat 13 and 14

(MAN ROCKING CHAIR BEGIN BACK LEFT, LEFT SHUFFLE FORWARD) (LADY ROCK BACK RIGHT, TURN ½

LEFT TRIPLE IN PLACE RIGHT, LEFT, RIGHT, ROCK BACK LEFT, LEFT SHUFFLE FORWARD)

17-18 MAN: Step left back, recover to right

LADY: Step right back, recover to left

On count 17 extend arms into two hand hold

19&20 MAN: Step left forward, recover to right

LADY: Turn ½ left in place stepping right, left, right

On counts 19&20 raise and exchange hands, then lowering into side by side position on 20

21-22 Step left back, recover to right

23&24 Chassé forward left, right, left

¼ TURN SIDE ROCK, TURN ¼ RIGHT SHUFFLE FORWARD, ¼ TURN SIDE ROCK, LEFT SIDE SHUFFLE

25-26 Turn ¼ left and step right to side, recover to left

On count 25 release left and raise right hands up and over lady's head

27&28 Turn ¼ right and step right forward, step left together, step right forward

On count 27 bring right hands back over lady's head returning to side by side

29-30 Turn ¼ right and step left to side, recover to right

31&32 Chassé side left, right, left

Partners will need to adjust size of steps 31&32 to return to a true Side By Side Position

REPEAT

During the rock around (13-16) and ¼ turns (25,26 & 29,30) put a little sway in rocking your baby.

Contact: outtalinedj@aol.com