

Sweet Delights (P)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Improver Partner
編舞者: Dan Albro (USA) - 2010
音樂: Sweet Delight - Dan Albro & Sons : (CD:Sweet Delight)



Single hand hold Facing FLOD, Ladies outside, men inside.

Mans footwork described, opposite footwork for ladies except where noted

40 Count intro. Start with vocals

[1-8] STEP ¼, TOUCH, STEP ¼, TOUCH, LADIES FULL TURN, MAN ½, TOUCH

1-2 Turn ¼ right stepping fwd R to face lady, touch L toe next to R

3-4 Turn ¼ left stepping side L, touch R toe next to L

5-8 Turn ½ right in place stepping R, L, R, touch L next to R now facing BLO D

Lady: Ladies full turn travels behind the man.

5-6 Turn ¼ left stepping fwd L, turn ½ left stepping back R

7-8 Turn ¼ left stepping side L, touch R next to L now facing FLOD

Hands On count 2 touch ladies right hand. Release ladies left hand on count 5. On Count 8 pick-up ladies right hand in mans left & place mans right hand on ladies shoulder blade (closed social position)

[9-16] RUMBA BOX (man facing BLOD, ladies facing FLOD)

1-4 Step side L, step R next to L, step fwd L, touch R next to L

5-8 Step side R, step L next to R, step back on R, touch L next to R

[17-24] MAN HALF TURN, 2 SHUFFLES / LADIES FULL TURN, 2 SHUFFLES

1-4 Turn ½ left in place stepping L, R, L, brush R now facing FLOD

1-2 Lady: Going under mans left arm turn ¼ right stepping fwd R, turn ½ right stepping back L

3-4 Turn ¼ right stepping fwd R, brush L fwd now facing FLOD

Hands Man leads lady under his left arm on counts 1,2.

On count 3 pick-up ladies left hand in mans right and release ladies right hand.

5&6, Step fwd R, step L next to R, step fwd R,

7&8 Step fwd L, step R next to L, step fwd L

[25-32] STEP, PIVOT, STEP, PIVOT, STEP, KICK, STEP, TOUCH

1-4 Step fwd R, pivot ½ turn left weight on L, step fwd R, pivot ½ turn left weight on L

5-8 Step fwd R, kick L fwd, step side L, touch R toe next to L

Repeat