

Cooley's Reel

拍數: 32 牆數: 4 級數: Improver
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音樂: Cooley's Reel - Sharon Corr



32 count intro

[1-8] R Side Rock & Recover, R Behind-Side-Cross, L Heel Fwd, L Together, R Toe Tap Back, R Back, L Crossing Shuffle

1-2 Rock R side, recover weight on L
3&4 Cross step R behind L, step L side, cross step R over L
5&6& Touch L heel forward, step L together, tap R back, step R back
7&8 Cross step L over R, step R side, cross step L over R

[9-16] R Side Rock & Recover, ¼ R Toaster Step, Fwd Step Ball Steps Ending On L Diagonal

1-2 Rock R side, recover weight on L
3&4 Turning ¼ right step R back, step L together, step R forward
5&6& Step L forward, step R together, step L forward, step R together
7&8 Step L forward, step R together, step L forward turning towards L diagonal

[17-24] Syncopated R & L Cross Rock & Recovers, R Fwd, ½ L Pivot, R Fwd Shuffle

1-2& Cross rock R over L, recover weight on L, step R side
3-4& Cross rock L over R, recover weight on R, step L side squaring to wall
5-6 Step R forward, pivot ½ left
7&8 Step R forward, step L together, step R forward

[25-32] L Fwd, R Fwd Scuff, R Fwd, Tap L Behind, L Back, R Heel Fwd, R Back, L Fwd Rock & Recover, L Coaster Cross

1-2 Step L forward, scuff R forward
&3 Step R forward, tap L back
&4 Step L back, touch R heel forward
&5-6 Step R back, rock L forward, recover weight on R
7&8 Step L back, step R together, cross step L over R

ENDING: On final wall change counts 31&32 to a ½ turning L sailor to bring you to the front wall

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