

Ain't Good Enough

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Mike O'Brien (UK) - January 2011
音樂: Ain't Good Enough For You - Bruce Springsteen : (CD: The Promise)



32 Count Intro.

Sec 1: Stomp Kick. Back Hook. Left Lock Step.

1-2 Stomp right in place. Kick right forward.
3-4 Step down right. Hook left over right.
5-6 Step forward left. Lock right behind left.
7-8 Step forward left. Brush right.

Sec 2: Two Turning Jazz Boxes. Turning Right.

1-2 Cross right over left. Step back on left 1/4 turn right.
3-4 Step right to the right side. Close left beside right.
5-6 Cross right over left. Step back on left 1/4 turn right.
7-8 Step right to the right side. Close left beside (6 o/c)

Sec 3: Scuff Right. Hook Right Over Left. Tap Right Toe Twice. Step Touch. Step Touch.

1-2 Scuff right forward. Hook right over left.
3-4 Tap right toe twice.
5-6 Step right to right side. Touch left beside right.
7-8 Step left to left side. Touch right beside left.

Sec 4: Right Together Forward. Hold. Left Together Forward. Hold.

1-2 Step Right to right side. Step left beside right.
3-4 Step forward right. Hold.
5-6 Step left to left side. Step right beside left.
7-8 Step forward right. Hold.

Sec 5: Step Touch. Step Back 1/4 Turn Touch. Right Lock Step. Hold.

1-2 Step forward right. Touch left to left side
3-4 Step back on left 1/4 turn left. Touch right to right side. (3 o/c)
5-8 Step forward right. Lock left behind right. Step forward right. Hold.

Sec 6: Left Lock Step. Hold. Rock forward right. Recover on left 1/4 Turn. Step right to right side. Step left beside right.

1-4 Step forward left. Lock right behind left. Step forward left. Hold.
5-6 Rock forward right. Recover on left 1/4 turn right.
7-8 Step right to the right side. Close left beside right. (6 o/c)

Sec 7: Rock & Cross. Hold. Chasse Left. Hold.

1-2 Rock right to right side. Recover on left.
3-4 Step right over left. Hold.
5-8 Step left to left side. Close right beside left. Step left to the left side. Hold.

Sec 8: Sailor 1/4 Turn. Hold. Run .Run. Run. Touch Right.

1-4 Step right behind left 1/4 right. Step left beside right. Step forward right. Hold. (9 o/c)
5-8 Run left. Run Right. Run left. Touch right beside left.