

Perfect!

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Guyton Mundy (USA) - March 2011
音樂: F**kin' Perfect - P!nk



[1-8] Walk, rock/recover, 1/2 turn, 1/2 turn with sweep, weave, rock/recover

- 1,2& Step forward on right, rock forward on left (slightly crossed over right), recover on right
3,4 Make 1/2 turn over left stepping forward on left, make 1/2 turn over left stepping back on right as you sweep left out to left side
5&6 Step left behind right, step right to right side, cross left over right
7,8 Rock right to right, recover on left

[9-16] weave with 1/4, rock, back, lock, back, 1/2 turn, full turn triple with sweep back

- 1&2 Step right behind left, step left to left side starting 1/4 turn left, step forward on right finishing 1/4 turn (you should be on 9 o'clock wall)
3&4 Rock forward on left, recover back on right, lock left over right
5,6 Step back on right, make 1/2 turn left stepping forward on left
7&8 Make full turn over left shoulder stepping right, left, right in place ending sweeping left foot out to left side

[17-23] back, back, sweep, 1/4 turn sailor, diagonal back, back, 1/2, press

- 1&2 Step back on left, step back on right, step back on left as you sweep right out to right side
3&4 Step right behind left, make 1/4 turn left stepping forward on left, step right to right side
5&6 On the diagonal (to 10:30 wall) walk back left, right; make 1/2 turn over left stepping forward on left (ending facing 4:30 wall)
7 Press forward on right foot

[24-32] coaster, rock, back, lock, back, 3/8 turn, rock/recover, 1/2

- 8&1 Step back on left, step together with right, step forward on left
2 Press forward on right
3&4 Step back on left, lock right over left, step back on left
5,6 Make slightly more than 1/4 turn over right shoulder stepping forward on right (ending facing 9 o'clock wall), rock forward on left
7,8 Recover on right, make 1/2 turn over left shoulder stepping forward on left

Tag. After 2nd and 6th wall you will have a 4 count tag.

This will happen both times on the back wall.

The first time just walk forward right, left, right, left.

The second time to hit the music, just walk forward right, hold, left, hold.

Have Fun!!!!