

Taking Back My Life

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: George Archer (UK) - March 2011
音樂: You Had Me - Joss Stone



Intro: (Start on First Verse 00:09)

WALK (X2), KICK SIDE SIDE, SWAY (X2), SAILOR RIGHT ¼ TURN

- 1-2 Walk forward on right, walk forward on left.
- 3&4 Kick right forward, step right to side, step left to side.
- 5-6 Sway hips to right then left keeping feet still.
- 7&8 Cross right behind left, ¼ turn right, step left to side, step right forward.

CHARELSTON, SIDE, CROSS SIDE, BOX ¼ TURN RIGHT

- 1-2 Point left foot in front of right, Step back on left
- 3-4 Point right behind, step right to side.
- 5-6 Cross right over left, step right to ride.
- 7&8 Cross right over left, step back on left, ¼ turn right, step right forward.

STEP LOCK (X2), SKATE BACK (X2), SHUFFLE BACK,

- 1-2 Step left forward, lock right behind left, step left forward.
- &3-4 Step right forward, lock left behind left, step right forward.
- &5-6 Slide back diagonally on left, bring right together, slide back diagonally on right, bring left together.
- &7&8 Step diagonally back on left, step right together, step back diagonally on left. .

ROCK BACK AND STEP, BEHIND SIDE FRONT ¼ TURN RIGHT, STEP ½ TURN STEP, BOX

- 1&2 Rock right behind left diagonally, recover on left, step to side on right.
- 3&4 Cross left behind right, step right to side ¼ turn right, step left forward.
- 5&6 Step right forward, ½ turn pivot, step right forward.
- 7&8 Cross left over right, step right back, step left to side.

REPEAT and Have Fun!

2 TAGS:

On wall 4 – After kick side side, do a box ¼ turn right and start wall 5.

- 1-2-3-4 Cross right over left, step left back, ¼ turn right, step right forward, step left together.

On wall 9 – After Charleston, side, do a box ¼ turn right and start wall 10.

- 1-2-3-4 Cross right over left, step left back, ¼ turn right, step right forward, step left together.