

Break My Bones

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: Novice / Beginner
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音樂: S&M - Rihanna : (CD: Loud)



Intro: 64 counts.

Step, Lock, Step, Lock, Step, Left Rock Recover, Left Coasterstep

1 RF Step fwd
2 LF lock
3 RF step fwd
& LF lock behind
4 RF step fwd
5 LF rock fwd
6 RF recover
7 LF step behind
& RF step together
8 LF step fwd

Side Rock, Recover, Right Cross shuffle, ¼ Turn R, 1/4 Turn R, Left Shuffle Fwd

1 RF rock to the side
2 LF recover
3 RF cross over LF
& LF step to the side
4 RF cross over LF
5 LF ¼ turn R, step bwd
6 RF ¼ turn R, step to the side
7 LF step fwd
& RF Step together
8 LF step fwd

Side Rock, Recover, Sailorstep, Left Rock Fwd, Recover, Left Shuffle Back

1 RF rock to the side
2 LF recover
3 RF cross behind LF
& LF step to the side
4 RF step to the side
5 LF rock fwd
6 RF recover
7 LF step bwd
& RF step together
8 LF step bwd

Touch Right Back, 1/2 Turn R, L Shuffle, Pivot ¼ Turn Left, Heel Switches

1 RF Touch behind
2 RF ½ turn R, weight on RF
3 LF step fwd
& RF Step together
4 LF step fwd
5 RF step fwd
6 R+L ¼ turn L
7 RF touch heel fwd

& RF zet naast LF
8 LF touch heel fwd
& LF close next to RF

Start Again.

Tag:

After the 8th en the 9th wall, add following steps:

2x Monterey ½ Turn R, Grapevine R, Touch Grapevine L, Touch

1 RF touch to the side
2 ½ turn R, close RF next to LF
3 LF touch to the side
4 LF close
5 RF touch to the side
6 ½ turn R, close RF next to LF
7 LF touch to the side
8 LF close

1 RF step to the side
2 LF cross behind
3 RF step to the side
4 LF touch next to RF
5 LF step to the side
6 RF cross behind
7 LF step to the side
8 RF touch next to RF

(You can also do rolling vines if you want)
