

Hip Swinging Blues

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Jean Cain (USA) - March 2011
音樂: Hip Swing'in Blues - Diedra : (CD: Overcoming Hurdles)



LINDY RIGHT, LEFT TRIPLE FORWARD, RIGHT PIVOT ½ TO LEFT

1&2,3-4 Chasse right, rock back left, recover right
5&6 Left triple forward
7-8 Step forward right, pivot ½ ending with weight on left (6:00)

TOUCH RIGHT TOE BEHIND LEFT KICKING OUT, STEP RIGHT BEHIND LEFT, STEP LEFT, CROSS RIGHT OVER LEFT, ROCK RECOVER, LEFT SAILOR CROSS

1-2 Touch right toe behind left, kick out to right
3&4 Step right behind left, step left, cross right over left
5-6 Rock to left, recover right
7&8 Left sailor cross

POINT CROSS RIGHT LEFT, STEP FORWARD RIGHT, PIVOT ½ LEFT WITH LEFT KICK, LEFT COASTER

1-2-3-4 Point right, cross right over left, point left, cross left over right
5-6,7&8 Step forward right, pivot ½ left with left kick forward, left coaster (12:00)

RIGHT LOCK FORWARD, ¼ TURN RIGHT WITH LEFT CHASSE, RIGHT LOCK MOVING BACK, LEFT COASTER

1&2,3&4 Right lock forward, ¼ turn right with chasse left (3:00)
5&6,7&8 Right lock moving backward, left coaster

STEP RIGHT FORWARD TURNING ½ RIGHT WITH LEFT HITCH, STEP, RIGHT COASTER, SWAY HIPS

1&2,3&4 Step right forward turning ½ right with left hitch, step left, right coaster (9:00)
5-6-7&8 Sway hips left, right, left, right, left

RIGHT SYNCOPATED VINE, SWAY HIPS

1-2&3-4 Step right, step left behind, step right, cross left over right, step right
5-6-7&8 Sway hips left, right, left, right, left
