

Out of Goodbyes

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Julie Carr (UK) - March 2011
音樂: Out of Goodbyes (feat. Lady Antebellum) - Maroon 5



Section 1: R side together, R side Chasse, L kick flick ¼ turn L, L forward shuffle.

1-2 Step R to R Slide L together with R
3&4 Step R to R step L next to R step R to R (weight on R)
5-6 Low L kick across R knee pivot ¼ turn L [9clock]
7&8 Step L forward bring R step forward on L

Section 2: ½ Turn, R rock recover, Full Turn R ,L Rock back recover on R

1-2 Forward on R Pivot ½ turn L,
3-4 Rock forward on R, recover back onto L
5-6 Make full turn over R shoulder (stepping R L)
7-8 Rock back on R recover forward onto L [3clock]

Section 3: R side rock & cross, Diagonal step L, R next to step L forward R step lock step forward

1&2 Rock R out to R side, recover onto L, Step cross R over L [3clock]
&3-4 (On the diagonal toward 4-30) Step L to L side , bring R together with L, Step forward on L face [4-30]
5&6 Step forward on R lock L behind R, Step forward onto R
7&8 Cross mambo rock L over R. Recover onto L as you make a ¼ turn L face [1-30]

Section 4: Pivot ½ turn L on diagonal 7-30 R Step lock Step, L side rock & cross , R to R bring L slightly behind R.

1-2 Step forward on R make 1/2 turn L to face [7-30] [weight on L]
3&4 Step forward onto R , lock L behind R, step forward onto R.
5&6 L side rock, recover onto R, cross L over R as you straighten up towards 9clock wall.
7-8 Step R to R side bring L slightly behind R. weight on L

End of dance

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