

# Sweet Helloah

COPPER KNOB  
BY STEPHEN

拍數: 48      牆數: 4      級數: Smooth Improver  
編舞者: Sebastiaan Holtland (NL) - March 2011  
音樂: Hello, I Love You - Eight to the Bar : (CD: You Call This Swing! 2005)



12 count intro start on the word "Hello" (06 Sec)

**[1-8] Fwd, Side, Sailor Fwd, Behind, 1/4 Turn R, Fwd, Fwd, 1/4 Pivot L**

1-2            Step forward on Rf, turn 1/4 to right (3) step Lf to the left  
3&4           Step Rf behind Lf, step Lf to the left, step forward on Rf slightly diagonal  
5&6           Step Lf behind Rf, turn 1/4 to the right (6) step forward on Rf, step forward on Lf  
7-8           Step forward on Rf, turn 1/4 to the left (12) take weight onto Lf

**[9-16] Cross, 1/4 Turn R, Back, 1/4 Turn R, Side, Touch, & Cross, Unwind 1/2 L, Behind, Side, Cross**

1-2            Cross Rf over Lf, turn 1/4 to the right (6) step back on Lf  
3-4            Turn 1/4 to right (9) step Rf to the right, touch Lf beside Rf  
&5-6          Step Lf to the left, cross Rf over Lf, unwind 1/2 to left (3) take weight onto Rf  
7&8           Step Lf behind Rf, step Rf to the right, cross Lf over Rf weight onto Lf (3:00) (Behind, Side, Cross)

**[17-24] & Side, Touch, Hold, & Cross, Side, Sailor Step, Sailor Step with 1/4 Turn R**

&1-2          Step Rf to the right, touch Lf beside Rf, HOLD (3:00)  
&3-4          Step Lf to the left, cross Rf over Lf, step Lf to the left weight onto Lf  
5&6           Step Rf behind Lf, step Lf to the Left, step Rf to the right weight onto Rf (Sailor Step)  
7&8           Step Lf behind Rf, turn 1/4 to right (6) step forward on Rf, step forward on Lf weight onto Lf

**[25-32] 1/2 Pivot L, Fwd, 1/2 Turn R, Back, Ankle Rock (Ankle Roll), Ankle Rock (Ankle Roll)**

1-2            Step forward on Rf, turn 1/2 to left (12) take weight onto Lf  
3-4            Step forward on Rf, turn 1/2 to right (6) step back on Lf weight onto Lf  
5&6           Locked Rf behind Lf take weight onto Rf, recover on Lf, recover on Rf (Ankle Rock R)  
7&8           Locked Lf behind Rf take weight Lf, recover on Rf, recover on Lf (Ankle Rock L) (6:00)

**[33-40] Walk, Walk, Rock / Recover, 1/2 L, 1/4 L, Back Rock / Recover,**

1-2            Stepping forward on Rf, stepping forward on Lf weight onto Lf (6)  
3-4            Rock forward on Rf, recover on Lf  
5-6            Turn 1/2 to right (12) step forward on Rf, continue a 1/4 turn to right (3) step Lf to the left  
7-8            Rock back on Rf, recover on Lf weight onto Lf (3:00)

**[41-48] Side Point, Fwd, Side Point, Together, 1/2 Monterey R**

1-2            Point Rf out to right, step forward on Rf (3)  
3-4            Point Lf out to left, step Lf beside Rf take weight onto Lf  
5-6            Point Rf out to the right side, pivot 1/2 right (9) step Rf beside Lf  
7-8            Point Lf out to the left side, step Lf beside Rf take weight onto both feet (9:00)

Start Again, Enjoy

Contact: [smoothdancer79@hotmail.com](mailto:smoothdancer79@hotmail.com)