

Sweet Distraction

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Gary Stubbs (UK) - March 2011
音樂: Sweet Distraction - David Adam Byrnes



Intro 16 Counts , 8 Seconds.

Walk Back , Shuffle 1/2 Turn , Step Pivot 3/4 , Side Shuffle.

1-2 Walk Back Right , Walk Back Left.
3&4 Step Right 1/4 Turn Right , Step Left Together , Step Right 1/4 Turn Right.
5-6 Step Forward Left , Pivot 3/4 Right.
7&8 Step Left To Side , Step Right Next To Left, Step Left To Side.

Cross Point , Cross Point , Sailor , Sailor.

1-2 Cross Right Behind Left , Point Left To Side.
3-4 Cross Left Behind Right , Point Right To Side.
5&6 Cross Right Behind Left , Step Left To Side , Step Right To Side.
7&8 Cross Left Behind Right , Step Right To Side , Step Left To Side.

Weave 1/4 Turn , Pivot 1/2 , Walk.

1-2 Cross Right Over Left , Step Left To Side.
3-4 Cross Right Behind Left , Step Left Making 1/4 Left.
5-6 Step Forward Right , Pivot 1/2 Turn Left.
7-8 Walk Forward Right , Left.

Paddle Turn 1/4 , Heel Digs , Rock

1-2 Step Forward Right , Pivot 1/8 Turn Left.
3-4 Step Forward Right , Pivot 1/8 Turn Left.
5&6 Touch Right Heel Forward , Step Down On Right , Touch Left Heel Forward.
&7-8 Step Down On Left , Rock Right Forward , Recover To Left.

Happy Dancing :D x
