

# Sweet Distraction

**COPPER** KNOB  
STEPSHETS

拍數: 32      牆數: 4      級數: Improver / Intermediate  
編舞者: Gary Stubbs (UK) - March 2011  
音樂: Sweet Distraction - David Adam Byrnes



**Intro 16 Counts , 8 Seconds.**

**Walk Back , Shuffle 1/2 Turn , Step Pivot 3/4 , Side Shuffle.**

1-2            Walk Back Right , Walk Back Left.  
3&4           Step Right 1/4 Turn Right , Step Left Together , Step Right 1/4 Turn Right.  
5-6           Step Forward Left , Pivot 3/4 Right.  
7&8           Step Left To Side , Step Right Next To Left, Step Left To Side.

**Cross Point , Cross Point , Sailor , Sailor.**

1-2            Cross Right Behind Left , Point Left To Side.  
3-4            Cross Left Behind Right , Point Right To Side.  
5&6           Cross Right Behind Left , Step Left To Side , Step Right To Side.  
7&8           Cross Left Behind Right , Step Right To Side , Step Left To Side.

**Weave 1/4 Turn , Pivot 1/2 , Walk.**

1-2            Cross Right Over Left , Step Left To Side.  
3-4            Cross Right Behind Left , Step Left Making 1/4 Left.  
5-6            Step Forward Right , Pivot 1/2 Turn Left.  
7-8            Walk Forward Right , Left.

**Paddle Turn 1/4 , Heel Digs , Rock**

1-2            Step Forward Right , Pivot 1/8 Turn Left.  
3-4            Step Forward Right , Pivot 1/8 Turn Left.  
5&6           Touch Right Heel Forward , Step Down On Right , Touch Left Heel Forward.  
&7-8          Step Down On Left , Rock Right Forward , Recover To Left.

**Happy Dancing :D x**

---