

Red Detachment of Women (Red Song)

COPPER KNOB
STEPSHEETS

拍數: 60 牆數: 2 級數: Phrased Intermediate
編舞者: Janet (Zhen Zhen) Ge (CN) - March 2011
音樂: Hong Se Niang Zi Jun Ling Ge - Yin Shi



Dance Sequence: A A B B B(12) A A B B B(12) A A A Ending.
Intro 8x8 Count (32Sec),

Section A (32 count)

[1-8]

1,2 Step forward on right, step forward on left.
3&4 Rock forward on right, recover on left, rock back on right.
5,6 Step back on left, step back on right.
7&8 Rock back on left, recover on right, rock forward on left.

[2-8]

1,2 Step forward on right, 1/2 turn left touch left toe front right.(6:00)
3&4 Step forward on left, close right beside left, step forward on left.
5,6 Pivot 1/2 turn left sweeping right, touch right toe front left.(12:00)
7&8 Step forward on right, close left beside right, step forward on right

[3-8]

1,2 Step forward on left, 1/2 turn right touch right toe front left.(6:00)
3&4 Step forward on right, close left beside right, step forward on right.
5,6 Pivot 1/2 turn right sweeping left, touch left toe front right.(12:00)
7&8 Step forward on left, close right beside left, step forward on left

[4-8]

1,2,3,4 Step forward on right, 1/2 turn left recover on left, step forward on R, stomp left next to right(6:00)
5,6,7,8 Step forward on right, recover on left, step back on right, recover on left.

Hand Option: (4) salute with right hand touch right side of your head ,(5678) hold styling.

Section B (28 count)

[1-4]

1&2,3&4 Shuffle forward diagonal R on R,L R , shuffle forward diagonal L on L,R,L.

[1-8]

1,2,3,4 Step right to diagonal R, step left next to right, step right to diagonal R, touch left next to R .
5,6,7,8 Step left to diagonal L, step right next to L, step left to diagonal L, touch right next to L.

Hand Option: (1) Right arm lift up ,left arm left extend ,(5) Left arm lift up ,right arm right extend

[2-8]

1,2,3,4 Turn 1/4 right step right forward, turn 1/2 right step left back. Turn 1/4 right step right side.
Touch left to left..
5,6,7,8 Turn 1/4 left step left forward, turn 1/2 left step right back. Turn 1/4 left step left side,tou.Touch right to right.

Hand Option: (4) Right arm lift up,left hand on left waist. (8) Left arm lift up,right hand on right waist.

[3-8]

1,2,3,4 Step back on R,L,R ,step left next to right.

5,6,7,8 Bump R,L,R,L

Hand Option: (4)salute with right hand touch right side of your head ,(5678) hold styling.

Ending:

1&2 Step right forward ,pivot 1/2 tun left, Stomp right next to left .

(Hand styling: salute with right hand touch right side of your head)

To celebrate international 38 women's days

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