

# About You

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Giles Redpath (UK) - February 2011  
音樂: Someone Like You - Adele



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## Practice Track: The Glory Of Love – Peter Cetera

Start after 32 counts - Start with R Toe Pointing Forward

**Sweep, half turn,  $\frac{3}{4}$  turn R, rock forward, back,  $\frac{3}{4}$  turn R.**

1,2            Sweep R foot back, half turn R,  
3&4           Triple full turn over R shoulder L,R,L,  
5,6            rock forward on R back on L  
7&8            triple  $\frac{3}{4}$  turn over R shoulder R,L,R

**Side, behind, side, in front, point, sway, sway, sailor  $\frac{1}{2}$  turn.**

9,10           Step L to the side, cross R in behind of L  
11&12        Step L to side, R in front, point L to side  
13,14        Sway onto L foot, sway back on R,  
15&16        L sailor behind R turning  $\frac{1}{2}$  L,

**Rock forward, back, triple half turn R, full turn L,R, forward mambo, point L toe back.**

17, 18        Rock forward R back on L,  
19&20        Triple half turn over R shoulder moving back,  
21,22        Full turn stepping L forward, bringing R sweeping round  
23&24        Forward mambo step pointing Left toe back keeping weight on R

**Cross sweep, step back, triple half turn, rock forward, back, coaster point.**

25,26        Cross sweep L forward over R, step back R,  
27&28        Triple half turn over L shoulder, L,R,L,  
29,30        Rock forward R back on L  
31&32        R coaster, ending by pointing r forward.

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