

Open Book

COPPER KNOB
STEPPING STONES

拍數: 32 牆數: 4 級數: Improver Rumba
編舞者: Jo Thompson Szymanski (USA) - 2011
音樂: Open Book - Scooter Lee : (CD: Big Band Boogie)



FORWARD ROCK, RECOVER, BACK, SWEEP, BEHIND, SIDE, CROSS, HOLD

1 – 4 Rock L forward, Recover back R, Step L back, Sweep R toe to right
5 – 8 Cross R behind L, Step L to left, Cross R over L, Hold

ROCK SIDE, RECOVER, CROSS, HOLD, VINE RIGHT, HOLD

1 – 4 Rock L to left, Recover weight to R, Cross L over R, Hold
5 – 8 Step R to right, Cross L behind R, Step R to right, Hold

CROSS ROCK, RECOVER, SIDE, HOLD, CROSS ROCK, RECOVER, ¼ TURN, HOLD

1 – 4 Rock L across R, Recover back to R, Step L to left, Hold
5 – 8 Rock R across L, Recover back to L, Turn ¼ R stepping forward R, Hold

FORWARD, ½ TURN, FORWARD, HOLD, WALK FORWARD RIGHT, LEFT, RIGHT, HOLD

1 – 4 Step L forward, Turn ½ right weight to R, Step forward L, Hold
5 – 8 Step forward R, L, R, Hold

Styling: Do a “Latin Walk” by placing one foot in front of the other.

Start again from the beginning
