

# Hands On My Heart (P)

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 0      級數: Intermediate Partner Circle  
編舞者: Vivienne Scott (CAN) - February 2011  
音樂: Don't Take Your Hands Off My Heart - Dawn Sears



Sweetheart position, same footwork unless otherwise indicated. Start dancing on lyrics

## [1-8] CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK, RECOVER, SIDE SHUFFLE

1-2            Cross rock R over L, recover on L,  
3&4           Shuffle to the right stepping, r,l,r  
5-6           Cross rock L over R, recover on R  
7&8           Shuffle to left side stepping, l,r,l

## [9-16] ROCK FORWARD, RECOVER, 1/4 TURN SHUFFLE, WEAVE

1-2            Rock forward on R, recover on L

### Man behind Lady

3&4           Turn 1/4 R and shuffle to right side stepping r,l,r  
5-8           Cross L over R, step R to R side, step L behind R, step R to R side

## [17-24] CROSS ROCK, RECOVER, 1/4 TURN SHUFFLE

### DROP R HANDS-- LADY: PIVOT 1/2 TURN X 2/MAN: ROCKING CHAIR

1-2            Cross rock L over R, recover on R  
3&4           Turn 1/4 L and shuffle forward stepping l,r,l  
5-6           Drop R hands-- Lady: Step R forward, pivot 1/2 turn L/ Man: Rock forward on R, Recover on L  
7-8           Lady: Step R forward, pivot 1/2 turn L/Man: Rock back on R, recover on L

## [25-32] SHUFFLE FORWARD, DROP LEFT HANDS-- LADY: PIVOT 1/2 TURN X 2/MAN: ROCKING CHAIR SHUFFLE FORWARD

1&2           Shuffle forward stepping r,l,r  
3-4           Drop L hands-- Lady: Step L forward, pivot 1/2 turn R/Man: Rock forward on L, Recover on R  
5-6           Lady: Step L forward, pivot 1/2 turn R/Man: Rock back on L, recover on R  
7&8           Shuffle forward stepping l,r,l

## [33-40] DROP RIGHT HANDS-- PIVOT 1/2 TURN, SHUFFLE FORWARD, DROP LEFT HANDS-- PIVOT 1/2 TURN, SHUFFLE FORWARD

1-2            Drop R hands & step forward R, pivot 1/2 turn L  
3&4           Shuffle forward, r,l,r  
5-6           Drop L hands & step forward L, pivot 1/2 turn R  
7&8           Shuffle forward, l,r,l

## [40-48] ROCKS FORWARD, SIDE, BACK, SWAYS

1-4            Rock forward on R, recover on L, rock R to right side, recover on L  
5-8            Rock back on R, recover on L, step R to right side & sway R, sway L

## [49-56] STEP, HOLD, ROCK BACK, RECOVER, DROP RIGHT HANDS-- LADY: 2 COUNT FULL TURN/MAN: WALKS FORWARD, SHUFFLE FORWARD

1-2            Step R to right side, hold  
3-4            Rock back on L, recover on R  
5-6           Drop R hands-- Man walk forward L,R/ Lady turn 1/2 R & step back on L turn 1/2 R & step forward on R  
7&8           Shuffle forward stepping l,r,l

**[57-64] R DIAGONAL LOCK FORWARD, BRUSH, L DIAGONAL LOCK FORWARD, BRUSH**

1-4 Step R to right diagonal, lock L behind R, step R to right diagonal, brush L beside R

5-8 Step L to left diagonal, lock R behind L, step L to left diagonal, brush R beside L

Contact: (Canada) 416 588 7275 -- [linedanceviv@hotmail.com](mailto:linedanceviv@hotmail.com) -- [www.stayinline.ca](http://www.stayinline.ca)

Revised on site - 27th May 2011

---