

# 1-2-3 Count On Me

拍數: 48      牆數: 4      級數: Improver  
編舞者: Sebastiaan Holtland (NL) - February 2011  
音樂: Count On Me - Bruno Mars : (CD: Doo-Wops & Hooligans 2010)



## 16 count intro (05 Sec)

### Sec 1: 1-8 1/4 Turn L, Fwd, 1/2 turn L, Back, 1/4 Turn L, Side, Fwd Rock / Recover, & Cross, Point, Sailor Step with 1/4 R, Press

- 1-2&      Turn 1/4 to left (9) step forward on Lf, turn 1/2 to left (3) step back on Rf, turn 1/4 to left (12) step Lf to The left weight onto Lf  
3-4      Rock forward on Rf, recover on Lf  
&5-6      Step Rf slightly to right, cross Lf over Rf, point Rf out to the right holding weight onto Lf  
7&8      Step Rf behind Lf, step Lf to the left, turn 1/4 to right (3) press forward on Rf holding weight onto Rf

### Sec 2: 9-16 Heel Twist, Recover, Lock Step Fwd, Rock / Recover, 1/2 Turn L, Fwd, 1/4 Turn L, Side Rock / Recover

- 1&2      Twist R heel to right, twist R heel back to centre, take weight back on Lf (3:00) (Recover)  
3&4      Step forward on Rf, lock Lf behind Rf, step forward on Rf weight onto Rf (lock Step fwd)  
5-6      Rock forward on Lf, recover on Rf  
&7-8      Turn 1/2 to left (9) step forward on Lf, turn 1/4 to left (6) rock Rf to right, recover on Lf weight onto Lf

### Sec 3: 17-24 Back, Down Up, & Point R, Heel Switch, & Point R, Back, Down Up, & Point R, Replace, Hip Bumps L-R-L

- 1&2&      Step slightly back on Rf, dip body down, coming up, point Rf out to the right, step Rf beside Lf (6:00)  
3&4&      Switch L heel diagonal forward, step Lf beside Rf, point R out to the right, step slightly back on Rf  
5&6&      Dip body down, coming up, point Rf out to the right, step Rf beside Lf  
7&8      Step Lf slightly to left bump L hip to left, bump R hip to right, bump L hip to left weight onto Lf (6:00)

### Sec 4: 25-32 Sailor Step, Sailor Step 1/4 Turn R, 1/2 Pivot L, Full Turn Fwd L

- 1&2      Step Rf behind Lf, step Lf to left, step Rf to right weight onto Rf (R Sailor Step)  
3&4      Step Lf behind Rf, turn 1/4 to right (9) step forward on Rf, step forward on Lf weight onto Lf (1/4 sailor R)  
5-6      Step forward on Rf, making a 1/2 turn to left (3) take weight onto Lf \*\*Tag\*\*  
7-8      Turning 1/2 left (9) step R back, turning 1/2 left (3) step L forward weight onto Lf (Full Turn L)

### Sec 5: 33-40 Walk, Walk, 1/4 Turn L, Point, 1/4 Turn L, Point, Kick, Back Rock / Recover, Kick Ball Tog

- 1-2      Stepping Forward on Rf, Stepping forward on Lf weight onto Lf (Walk, Walk) (3:00)  
3-4      Turn 1/4 to left touch Rf to right (12), turn 1/4 to left touch Rf to right (9)  
5&6&      Kick forward on Rf, step Rf back in place on ball, rock back on Lf, recover on Rf weight onto Rf  
7&8      Kick forward on Lf, step Lf back in place on ball, tog Rf next to Lf holding weight onto Lf (9:00)

### Sec 6: 41-48 1/4 Turn L, Side Rock / Recover, Together, Hip Roll R, Hip Roll L with 1/4 Turn L, L Rumba Box Fwd, R Rumba Box Fwd

- 1-2&      Turn 1/4 to left (6) rock Rf to the right, recover on Lf, step Rf beside Lf  
3-4      Step Lf slightly to left roll L hip to left, turn 1/4 to left (3) roll R hip to right take weight onto Rf

5&6 Step Lf to left, step Rf beside Lf, stepping forward on Lf weight onto Lf (L Rumba Box Fwd)  
7&8 Step Rf to right, step Lf beside Rf, stepping forward on Rf weight onto Rf (R Rumba Box Fwd) (3:00)

**\*\*Tag\*\*:** WALL 5 After 30 counts (Facing 3 o'clock)

**Step Fwd, Tog**

1-2 Step forward on Rf, tog Lf beside Rf holding weight onto Rf

**Start Again, Enjoy!**

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