

Looking Better

拍數: 32 牆數: 4 級數: Beginner
編舞者: RedHat - February 2011
音樂: Better Every Beer - Billy Yates



Start dancing on lyrics

Rock forward, shuffle back, rock back, shuffle forward

1 -- 2 Rock forward on right foot - Recover weight back to left foot
3 & 4 Shuffle back (right - left - right)
5 -- 6 Rock back on left foot - Recover weight on right foot
7 & 8 Shuffle forward (left - right - left)

Step, pivot 1/2 left, step, pivot 1/4 left, cross, back, side, touch

1 -- 2 Step right forward - 1/2 pivot turn left on both balls
3 -- 4 Step right forward - 1/4 pivot turn left on both balls (weight is on left)
5 -- 6 Cross right over left foot - Step back on left
7 -- 8 Step right foot to right - Touch left foot next to right

Shuffle back turning 1/2 l, shuffle forward turning 1/2 l, coaster step, touch back, brush

1 & 2 Shuffle back with 1/2 turn left (left - right - left)
3 & 4 Shuffle forward with 1/2 turn left (right - left - right)
5 & 6 Small step back on left foot - Step right foot next to left and step forward on left
7 -- 8 Touch right toe behind - Brush right foot forward

Option : Shuffles back

1 & 2 Shuffle back (left - right - left)
3 & 4 Shuffle back (right - left - right)

Shuffle forward right + left, step, pivot 1/2 left 2 x

1 & 2 Shuffle forward (right - left - right)
3 & 4 Shuffle forward (left - right - left)
5 -- 6 Step right forward - 1/2 pivot turn left on both balls
7 -- 8 Step right forward - 1/2 pivot turn left on both balls

Option : Rocking chair

5 -- 6 Rock forward on right foot - Recover weight back to left foot
7 -- 8 Rock back on right foot - Recover weight on left foot

Repeat

Ending after wall 10

Step, pivot 1/2 left, stomp, stomp

1 -- 2 Step right forward - 1/2 pivot turn left on both balls
3 -- 4 Stomp right foot twice next to left