

Twelve O'Clock Rock

COPPER KNOB
STEPPERS

拍數: 24 牆數: 4 級數: Beginner
編舞者: Totoy Pinoy (USA) - February 2011
音樂: Rock Around the Clock - Bill Haley & The Comets



Alt. Music: Mmm Bop by Klaus Hallen Tanzorchester

Start dancing on lyrics

VINE RIGHT, VINE LEFT

1-2 Step R to side, cross L behind R
3-4 Step R to side, touch L together
5-6 Step L to side, cross R behind L
7-8 Step L to side, touch R together

TOE TOUCHES, STEPS BACK

1-2 Touch R toe forward, step R together
3-4 Touch L toe forward, step L together
5-6 Step R back, step L back
7-8 Step R back, touch L together

Option 1-4: touch R toe forward, drop heel, touch L toe forward, drop heel

SLOW ROCK FORWARD, ROCK-AND-ROCK-TOUCH

1-2 Body slightly turned to right diagonal, rock L forward (lean forward), hold
3-4 Recover to R (lean back), hold
5-6 Rock L forward (lean forward), recover to right (lean back)
7-8 Rock L forward (lean forward), turn 1/4 left and touch R together

REPEAT

Last Update: 8 Mar 2024
