

Don't Be a Drag

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - February 2011
音樂: Born This Way - Lady Gaga



Starts on Singing Vocal.. (16 Counts)

Rock Step & Walk, Walk, Rock Step & Step, Heel Bounce.

- 1-2 Rock forward on Left, recover on Right.
- &3-4 Step Left next to Right, walk forward Right-Left.
- 5-6 Rock forward on Right, recover on Left.
- &7 Step Right next to Left, step Left forward. (weight mostly on Right)
- &8 Lift both heels (knees pop forward slightly), lower heels.

Back, Back, Coaster Step, Jazz Box 1/4.

- 1-2 Walk back Left-Right.
- 3&4 Step back on Left, step Right next to Left, step forward on Left.
- 5-8 Cross step Right over Left, make 1/8 turn to Right stepping back on Left, 1/8 turn Right stepping Right Right side, step forward & slightly Left on Left. (3:00)

Sailor Step, Sailor 1/2 Turn, Out, Out, Hold & Cross.

- 1&2 Cross step Right behind Left, step Left to Left side, step Right to Right side.
- 3&4 Make 1/4 turn Left stepping Left behind Right, 1/4 turn Left stepping Right next to Left, step forward on Left.
- 5-6 Step Right out to Right side (slightly forward), step Left out to Left side.
- 7&8 Hold, step Right next to Left, cross step Left over Right.

Point, Cross, Point, Behind, Point, 1/2, Step, 1/2 Pivot.

- 1-2 Point Right to Right side, cross step Right over Left.
- 3-4 Point Left to Left side, cross step Left behind Right.
- 5-6 Point Right to Right side, make 1/2 turn to Right stepping Right next to Left.
- 7-8 Step forward on Left, pivot 1/2 turn to Right.

Step, 1/2 Pivot, 1/4 Rock Step, Behind & Step, Walk, Walk.

- 1-2 Step forward on Left, pivot 1/2 turn to Right.
- 3-4 Make 1/4 turn to Right rocking Left to Left side, recover on Right.
- 5&6 Cross step Left behind Right, step Right to Right side, step forward on Left..
- 7-8 Walk forward Right-Left.

Kick & Plop, Kick & Plop, Forward Rock & Side Rock.

- 1&2 Kick Right forward (rising up on Left), step Right next to Left, step (plop) forward on Left as you dip down.
- 3&4 Kick Right forward (rising up on Left), step Right next to Left, step (plop) forward on Left as you dip down.
- 5-6 Rock forward on Right, recover on Left.
- &7-8 Step Right next to Left, rock to Left side on Left, recover on Right. **R**

Cross & Cross, 1/4 Lock Step Back, 1/2 Shuffle Turn, Rock Step.

- 1&2 Cross step Left over Right, step Right to Right side, cross step Left over Right.
- 3&4 Make 1/4 turn to Left stepping back on Right, cross/lock Left over Right, step back on Right.
- 5&6 Make 1/4 turn to Left stepping Left to Left side, step Right next to Left, 1/4 turn Left stepping forward on Left.
- 7-8 Rock forward on Right, recover on Left.

Back, Back, Hitch & Step Back, Back, Touch, 1/4 Turn, Step.

- 1-2 Walk back Right-Left.
3&4 Hitch Right knee forward, step Right next to Left, step back on Left.
5-6 Step back on Right, touch Left toe back.
7-8 Make 1/4 turn to Left taking weight on Left, step forward on Right.

****R** Restart... Wall 5**

Dance Up To & Including Count 48, Wall 5, Then Restart Dance From Beginning. (The Tag does NOT count as a wall)

Tag: To Be Danced Once At End Of Wall 2... Facing Front.

- 1-4 Make 1/8 turn to Left stepping forward Left (10:30), Hold, 1/4 turn to Left stepping forward Right (7:30), Hold,
5-8 1/4 turn to Left stepping forward Left (4:30), Hold, 1/4 turn to Left stepping forward Right (1:30), Hold.
- 1-4 Make 1/4 turn to Right stepping forward on Left (4:30), Hold, 1/4 turn to Right stepping forward on Right (7:30). Hold,
5-8 1/4 turn to Right stepping forward on Left (10:30), Hold, 1/8 turn Right stepping forward on Right (12:00), Hold.

The Tag will make a figure 8 shape, circling first to Left then Right. (slinky)

Ending: At end of Wall 7.. Instead of stepping forward on Right sweep Right around 1/2 turn to Left to finish at front.
