

Man Of My Word

COPPER KNOB
BY STEPHEN MITCHELL

拍數: 34 牆數: 4 級數: Intermediate
編舞者: Jennifer Hughes (AUS) & Darren Mitchell (AUS) - September 2010
音樂: Man of My Word - Collin Raye : (Album: Extremes)



Intro: 18 counts

SIDE, BEHIND- ¼ TURN- ¼ TURN, SIDE ROCK-HINGE TURN, ACROSS, BACK-SIDE-ACROSS-SIDE-BEHIND-SIDE

1 Step L to the side dragging R towards left, weight on left
2&3 Step R behind left, turn 90 degrees left step L forward, turn 90 degrees left step R to the side,
4&5 Side rock onto left, turn 180 degrees right step R to the side, step L across in front of right,
6& Rock back onto right, step L to the side,
7&8& Step R across in front of left, step L to the side, step R behind left, step L to the side.

ACROSS, BACK- ¼ TURN, ½ TURN, ½ TURN, ½ TURN – ½ TURN, FORWARD-TOGETHER, PIVOT TURN, TOGETHER

1,2 Step R across in front of left, rock back onto left,
& Turn 90 degrees right step R forward,
3,4 Turn 180 degrees right step L back, turn 180 degrees right step R forward,
&5,6 Turn 180 degrees right step L back, turn 180 degrees right step R forward, step L forward,
& Step R together,
7,8,& Pivot: step L forward, turn 180 degrees right take weight onto right, (**) step L together.

¼ TURN, SIDE ROCK-ACROSS-SIDE-ROCK, ACROSS-SIDE-ROCK, ACROSS, SLOW UNWIND

1,2 Turn 90 degrees left step R to the side, side rock onto left,
&3,4 Step R across in front of left, step L to the side, side rock onto right,
&5,6 Step L across in front of right, step R to the side, side rock onto left,
7,8 Step R across in front of left, unwind 180 degrees left take weight onto right.

COASTER STEP-TOGETHER, SWEEP, SWEEP, QUICK PIVOT TURN, ½ TURN- ¼ TURN- ACROSS, ¼ TURN- ¼ TURN, TOUCH

1&2 Coaster: step L back, step R together, step L forward,
& Step R together,
3,4 Sweep L forward, sweep R forward,
5&6 Quick pivot: step L forward, turn 180 degrees right take weight onto right, step L forward,
7& Turn 180 degrees left step R back, turn 90 degrees left step L to the side,
8 Step R across in front of left,

1&2 Turn 90 degrees right step L back, turn 90 degrees right step R to the side, touch L together.

[34] REPEAT

Restart: on wall 4, dance to count 16 (**) then restart dance again facing the back wall.

Contact: darrencmitchell@live.com.au - www.cheyenneonqueue.com.au
DARREN MITCHELL - (03) 59559128 - 0435 507 307