Sidetrack Baby

級數: Beginner / Improver

編舞者: Gary Stubbs (UK) - February 2011

音樂: Mainline Baby - Dana Gillespie : (Album: Hot Stuff)

牆數:4

Start On Lyrics, 32 Counts, 16 Seconds.

Skate Skate Shuffle ,Step Kick , 1/4 Touch.

- 1-2 Skate Forward Right , Skate Forward Left.
- 3&4 Step Right Forward , Step Left Next To Right, Step Right Forward.
- 5-6 Step Forward Left , Kick Right Forward.
- 7-8 Step Right Back Making a 1/4 Turn Right, Touch Left Next To Right.

Vine Left , Back Hook , Shuffle.

- 1-2 Step Left To Side , Cross Right Behind Left.
- 3-4 Step Left To Side , Touch Right Next To Left.
- 5-6 Step Back On The Right , Hook The Left Across Right.
- 7&8 Step Left Forward , Step Right Next To Left, Step Left Forward.

Side Shuffle , Rock Back , Side Shuffle , Rock Back

- 1&2 Step Right To Side , Step Left Next To Right, Step Right To Side.
- 3-4 Rock Left Behind Right , Recover On Right.
- 5&6 Step Left To Side , Step Right Next To Left , Step Left To Side.
- 7-8 Rock Right Behind Left , Recover On Left.

Step Kick , Step Kick , Charleston.

- 1-2 Step Right To Side , Kick Left Across Right As You Shimmy Shoulders.
- 3-4 Step Left To Side , Kick Right Across Left As You Shimmy Shoulders.
- 5-6 Step Right Forward, Kick Left Forward
- 7-8 Step Left Back , Flick Right Back.





拍數: 32