

No More

COPPER KNOB
BY STEPHEN METZ

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Ginny Sheridan (USA) - February 2011
音樂: Little White Church - Little Big Town : (CD: Single)



16 count introduction

SIDE ROCK, BACK ROCK, WALK, WALK, CHASE TURN

1-2 Rock to side on right, recover onto left
3-4 Rock back on right, recover onto left
5-6 Walk forward right, left
7&8 Step right forward and pivot ½ to left, step on left, step right forward

SIDE ROCK, BACK ROCK, WALK, WALK, CHASE TURN

1-2 Rock to side on left, recover onto right
3-4 Rock back on left, recover onto right
5-6 Walk forward left, right
7&8 Step left forward and pivot ½ to right, step on right, step left forward

SIDE ROCK, RUN AND WEAVE, STEP AND PIVOT ½, STEP, CHASE TURN

1-2 Rock to side on right, recover onto left
3&4& Run & weave to left: rock right foot in front, step left to side, rock right foot behind, step left to side
5-6 Step right forward and pivot ½ to left, step on left
7&8 Step right forward and pivot ½ to left, step on left, step right forward

SIDE ROCK, RUN AND WEAVE, STEP AND PIVOT ½, STEP, CHASE TURN

1-2 Rock to side on left, recover onto right
3&4& Run & weave to right: rock left foot in front, step right to side, rock left foot behind, step right to side
5-6 Step left forward and pivot ½ to right, step on right
7&8 Step left forward and pivot ½ to right, step on right, step left forward

STEP FORWARD, TOE TOUCH, STEP BACK, HEEL TOUCH, COASTER STEP, HEEL STRUT, HEEL STRUT, MAMBO STEP

1&2& Step right forward, touch left toe to right heel, step down on left, touch right heel forward
3&4 Step right back, step left next to right, step forward on right
5&6& Touch left heel forward, drop left toe, touch right heel forward, drop right toe
7&8 Step left forward, step back on right, step left beside right

TOUCH, HOME, TOUCH, HOME, TOUCH, HOME, TOUCH, HOME, TOUCH SIDE, HOME, TOUCH SIDE, HOME, TOUCH AT 12:00, 1:00, 2:00, HITCH

1&2& Touch right toe forward, step right foot home, touch left toe forward, step left foot home
3&4& Touch right toe forward, step right foot home, touch left toe forward, step left foot home
5&6& Touch right toe to right side, step right foot home, touch left foot to left side, step left foot home
7&8& Touch right toe towards 12:00, 1:00, 2:00, hitch right knee (*)

STEP, LOCK, STEP, SIDE ROCK, STEP, STEP AND PIVOT ¼, STEP, STEP, SIDE ROCK, STEP

1&2 Step right forward, step left behind right, step right forward
3&4 Rock to side on left, recover onto right, step left forward
5&6 Step right forward and pivot ¼ to left, step on left, step right forward

7&8 Rock to side on left, recover onto right, step left forward

STEP, SCUFF & TURN, STEP, SCUFF, RUN, RUN, RUN, STEP FORWARD, TOE TOUCH, STEP BACK, HEEL TOUCH, COASTER STEP

1&2& Step right forward, scuff left heel and turn $\frac{1}{4}$ to left, step left forward, scuff right heel

3&4 Run forward right, left, right

5&6& Step left forward, touch right toe to left heel, step down on right, touch left heel forward

7&8 Step left back, step right next to left, step left forward

REPEAT

TAG: Tag after 1st wall

MAMBO STEP, STOMP, STOMP, MAMBO STEP, STOMP, STOMP

1&2 Step right forward, step back onto left, step right beside left

3-4 Stomp left foot in place twice

5&6 Step left forward, step back onto right, step left beside right

7-8 Stomp right foot in place twice

(*) Restart after count 48 of 3rd wall.

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