

Bruno's Way

拍數: 32 牆數: 4 級數: Beginner
編舞者: Niels Poulsen (DK) - February 2011
音樂: Just the Way You Are - Bruno Mars



Note: This is a floor-split to Guyton Mundy's cool intermediate dance You're Amazing

Intro: 32 counts from first beat in music (17 secs into track). Weight on L

[1 – 8] R back rock, R shuffle fw, L rock fw, L coaster cross

1 – 2 Rock back on R (1), recover weight fw on L (2) [12:00]
3&4 Step fw on R (3), step L next to R (&), step fw on R (4)
5 – 6 Rock fw on L (5), recover back on R (6)
7&8 Step back on L (7), step R next to L (&), cross L over R (8)

[9 – 16] Side R, Hold, ball step, touch, vine L into ¼ shuffle L

1 – 2 Step R to R side (1), Hold (2) – on count 1 you hit the word STOP during the chorus [12:00]
&3 – 4 Step L next to R (&), step R to R side (3), touch L next to R (4)
5 – 6 Step L to L side (5), cross R behind L (6)
7&8 Turn ¼ L stepping fw on L (7), step R next to L (&), step fw on L (8) Option for counts 5-8: do a rolling vine with a ¼ L into the L shuffle fw [9:00]

[17 – 24] Fw R, point L, fw L, point R, R jazz box, cross

1 – 2 Step fw on R (1), point L to L side (2)
3 – 4 Step fw on L (3), point R to R side (4)
5 – 6 Cross R over L (5), step back on L (6)
7 – 8 Step R to R side (7), cross L over R (8)

[25 – 32] Side R, together L, R shuffle fw, side L, together R, L back shuffle

1 – 2 Step R to R side (1), step L next to R (2)
3&4 Step fw on R (3), step L next to R (&), step fw on R (4)
5 – 6 Step L to L side (5), step R next to L (6)
7&8 Step back on L (7), step R next to L (&), step back on L (8) (counts 1-8: alternative box) [9:00]

Begin again!...

Contact: niels@love-to-dance.dk - www.love-to-dance.dk