

Ballando

COPPER KNOB
STEPSHEETS

拍數: 32

牆數: 4

級數: High Beginner / Low Intermediate,
Mambo rhythm



編舞者: Ira Weisburd (USA) - January 2011

音樂: Nuovo Mambo - Quelli Della Notte : (Album: L'Italia Che Balla Volume #1; Track #3)

Introduction: 16 Cts. Start after approx. 12 sec. (on the vocal).

NO TAGS, NO RESTARTS !!

STEP LOCK STEP, MAMBO L, MAMBO R, CHASE

1&2 Step R fwd., Step L behind R, Step R fwd.
3&4 Step L fwd., Recover back on R, Step L beside R
5&6 Step R back, Recover fwd. on L, Step R beside L
7&8 Step L fwd., Pivot ½ turn R onto R, Step fwd. on L.

(Travelling Forward) SCISSOR R, SCISSOR L, SCISSOR R, 1/4 TURN R

1&2 Step R to R, Step L to L, Step R across L (stepping fwd. w/ R)
3&4 Step L to L, Step R to R, Step L across R (stepping fwd. w/L)
5&6 Step R to R, Step L to L, Step R across L (stepping fwd. w/R)
7&8 Step L to L, make ¼ turn R w/ R, Step fwd. on L.

RHUMBA BOX, FOUR 1/8 PIVOT TURNS L

1&2 Step R to R, Step-close L to R, Step R back
3&4 Step L to L, Step-close R to R, Step L fwd.
5&6& Step fwd. on R, pivot 1/8 to L onto L, Step fwd. on R, pivot 1/8 to L on L
7&8& Step fwd. on R, pivot 1/8 to L onto L, Step fwd. on R, pivot 1/8 to L on L

HEEL, STEP, HEEL, ¼ TURN L; HEEL, STEP, HEEL, ¼ TURN L.

1&2 Touch R heel fwd., Step R in place, Touch L heel fwd.
3&4 Step L back, Make ¼ turn L onto R, Step L fwd.
5&6 Touch R heel fwd., Step R in place, Touch L heel fwd.
7&8 Step L back, Make ¼ turn L onto R, Step L fwd.

BEGIN DANCE.

Last Revision - 15th February 2013