

# Be The One

**COPPER KNOB**  
STEPSHETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Marie Sørensen (TUR) - February 2011  
音樂: Be The One - Woody Wills



## Intro: 20 Counts

### Rumba Fwd. Right, Touch, Rumba Fwd. Left, Touch

1-2      Step Right to Right side, step Left beside Right  
3-4      Step Fwd. Right, Touch Left beside Right  
5-6      Step Left to Left side, Step Right beside Left  
7-8      Step Fwd. Left, Touch Right beside Left

### Vine Right, Touch, Vine ¼ turn Left, Scuff

1-2      Step Right to Right side, Step Left behind Right  
3-4      Step Right to Right side, Touch Left beside Right  
5-6      Step Left to Left side, Step Right behind Left  
7-8      ¼ turn Left, Step Fwd. Left, Scuff Right

### Step Fwd. Right, Tap Left behind Right, Step Back Left, Kick Right Fwd. Coaster Step, Hold

1-2      Step Fwd. Right, Tap Left behind Right  
3-4      Step Back Left, Kick Right Fwd.  
5-6      Step Back Right, Step Left beside Right  
7-8      Step Fwd. Right, Hold

### Rock Fwd. Left, Recover, ¼ turn Left, Hold, Rockin` Chair

1-2      Rock Fwd. Left, Recover  
3-4      ¼ turn Left, Step Left to Left side, Hold  
5-6      Rock Fwd. Right, Recover  
7-8      Rock Back Right, Recover

### Tag:

After Wall, 2, 4, 6, 8, 10 - Every time you are facing 12 O` Clock there are an easy 4 Counts Tag.

### Rockin` Chair

1-2      Rock fwd. Right, Recover  
3-4      Rock Back Right, Recover

### Have Fun!

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