

Yi Jian Mei

拍數: 32 牆數: 4 級數: Improver
編舞者: Eva Pau (CAN) - February 2011
音樂: Yi Jian Mei - Gao Sheng Mei



Start dancing on lyric (2nd word 'Qing')

FWD ROCK RECOVER, BACK LOCK STEP, SPIRAL FULL TURN, FWD LOCK STEP

1 – 2 Rock right forward, recover on left
3&4 Step right back, cross left over right, step right back
5 – 6 Cross left over right unwind full turn R with weight on right

(Easier option: Step left back, step right together)

7&8 Step left forward, lock right behind left, step left forward

SIDE ROCK RECOVER, CROSS SIDE CROSS, SIDE ROCK RECOVER, BEHIND SIDE CROSS

1 – 2 Rock right to side, recover on left
3&4 Cross right over left, step left to side, cross right over left
5 – 6 Rock left to side, recover on right
7&8 Step left behind right, step right to side, cross left over right

SIDE ROCK RECOVER, ¼ TURN SIDE ROCK RECOVER, CROSS SIDE ROCK RECOVER X 2

1 – 2 Rock right to side, recover on left
3 – 4 Rock right to side ¼ turn L, recover on left
5&6 Cross right over left, rock left to side, recover on right
7&8 Cross left over right, rock right to side, recover on left

Restart here at 4th wall facing back wall

CROSS SIDE CROSS, ¼ TURN SIDE SHUFFLE X 2, COASTER STEP

1&2 Cross right over left, step left to side, cross right over left
3&4 Step left to left, step right together, step left to left ¼ turn R
5&6 Step right to right ¼ turn R, step left together, step right to right
7&8 Step left back, step right together, step left forward

Repeat

Ending Steps (facing 3:00)

1 – 3 Rock right forward, recover on left, step right to right ¼ turn R
4 – 5 Cross left over right, unwind ½ turn R with weight on right back to front wall